

# U3A... a university of the 'third age'

The term 'U3A' describes a relaxed learning model which originated in France in 1973. Today, U3As exist worldwide and provide classes and social activities for retirees and semi retirees (members of the 'third age'). In Victoria around 100 U3As exist statewide.

The term 'university' is used in its original sense to describe a community of people sharing ideas and knowledge, rather than in the academic sense.

Nillumbik U3A has around 700 members and runs around 75 different classes at any one time. Our members come from both Nillumbik and the surrounding suburbs

## What do we offer?

About 70 learning areas...  
Including languages, literature and writing studies, discussion groups and current affairs, philosophy, First Nations studies, technology and much more.

*Our practical classes include...*  
arts and crafts, food and wine, music groups, book clubs.  
*We play mind games, too...*  
cards, mahjong, cryptic crosswords.

*We also practice 'wellness'...*  
chi kung, tai chi, yoga,  
*and we love outdoor activities...*  
tennis, golf and bushwalking.

## Something for everyone!

## Where are our classes?

Throughout  
Nillumbik...

Diamond Creek  
Eltham,  
Hurstbridge,  
Wattle Glen,  
Yarrambat  
and  
some members'  
private residences.

## Membership fees?

**One low, yearly payment** entitles our members to participate in multiple classes and activities.

*Check us out  
on our website...  
[www.nillumbiku3a.org.au](http://www.nillumbiku3a.org.au)  
or visit our Head  
Office in Eltham  
to talk to our  
friendly members!*

**OFFICE HOURS**  
(school terms only)  
**1-3pm Mondays**  
**10am-midday**  
**Thursdays**

**WEBSITE**  
[www.nillumbiku3a.org.au](http://www.nillumbiku3a.org.au)  
**EMAIL or PHONE**  
[office@nillumbiku3a.org.au](mailto:office@nillumbiku3a.org.au)  
**0468 300 764.**

**Visit our  
HEAD OFFICE...**  
**Eltham Central Pavilion,**  
**18 Panther Place,**  
**Eltham 3095.**

*Turn into Panther Place, drive  
under the trestle bridge, then  
right again - shared space with  
sports clubs in large building  
overlooking playing field.*

*Expand your  
interests! Join...*  
**NILLUMBIK**  
**U3A**

*... and enjoy classes,  
sports, games and  
social outings.*

