PANArt 2020

Nillumbik University of the Third Age

PAINTING & DRAWING GROUP



In late 2019 a COVID-19 virus was identified in China. It defied medical interventions and, during 2020, spread with alarming speed to every corner of our globe. In March Victoria's first COVID-19 wave caused 'stay at home' restrictions and by August a Stage 4 'lockdown' and State of Emergency were declared. In mid-September, 2020 30 million cases had been diagnosed world-wide and Australia had recorded 26,813 infections.

During stringent, government enforced social constraints, a small group of art enthusiasts in outer north-east Melbourne continued their artistic practices at home... but not alone.

This book relates their story.



Leanne Ipsen

Leanne completed her secondary education at Bendigo High School then trained as a secondary school English, Drama and Debating teacher at Monash University.

During a gap year travelling around Australia she sold her first painting and that sale encouraged her to pursue her artistic interests. She is now an established local artist. It wasn't until Leanne retired from her teaching position at Eltham High School that she was able to fully immerse herself in her art.

In 2017 she accepted Brenda Smith's invitation to join Nillumbik U3A and to co-tutor its Eltham based Drawing and Painting group.

Under their joint leadership the group flourished. Soon Nillumbik U3A artwork was seen in local eateries, the Eltham Leisure Centre, the Montsalvat Long Room and Eltham Library Gallery. It has grown in size and now has close to 30 members.

In 2019 Leanne broadened her interest in the local art scene by joining the Nillumbik Arts and Cultural Advisory Committee.

Leanne Ipsen

(facing page) Children at Play and Family Fun (this page) Seascape (detail) Acrylic





BEACH escapes



Brenda Smith

Assistant Tutor

Brenda was born in the United Kingdom and emigrated to Australia in the 1970s. She trained as a secondary school Humanities teacher and taught at many Victorian schools. She completed her career at Eltham High School. and, upon retirement tutored Nillumbik U3A's Painting and Drawing group for several years before stepping into the role of Assistant Tutor. Although Brenda specialises in the watercolour and oil painting mediums she has a broad technical knowledge which has proved a valuable asset for the group.

Brenda is a published author and historian. On 11 March 2020 she realised that she was living through an important moment in world history so began to write a daily diary as the COVID-19 virus took hold. Her own family never spoke of the Spanish Flu in 1918-9, so she named her diary 'Remembering Well 2020'. Like other historians, she hopes that we can "learn from the past to avoid repeating mistakes."

This page: **Brenda Smith**

Gumnuts in Bottle (detail) Watercolour



Facing page **Brenda Smith:**

(left)
Plumbago
Pink Plumbago
Blue Fields
Purple Delight
Watercolour
(right)
Blue Vase - After
Criss Canning
Acrylic













Jan Aitken Josephine Ball Lorraine Bassett **Doris Beermann** Sue Bowles Rachel Brak Patricia Bulmer Catherine Dattner Sue Dawson Joan Denison Lilia Deschamps Anthony Guilfoyle Glenda Guilfoyle Colleen Hall Leanne Ipsen **Ilse Jamonts** Kath Keppell Jan Kienhius **Anne Musarove** Vicki Nobes Joy Quinn Robin Reed Cathy Romeo **Dennis Smedley** Brenda Smith **Lorraine Stackpoole** Judy Vizzari

The PANArt Project...

When, on 16 March, 2020 COVID-19 restrictions caused Nillumbik U3A's Drawing and Painting indoor classes to close, the group turned to *en plein air* painting at Wingrove Park in Eltham. But approaching winter made outdoor art impractical... so the group members continued their art, but in isolation

Leanne and Brenda invited them to share their paintings and drawings via email and eventually to connect at fortnightly Zoom meetings. Although initially the suggestion was, for some, challenging, online sharing proved an efficient and easy method for the group to maintain face-to-face contact and to enjoy each others' art.

In July, 2020, pdf images of the groups' art were included in the Nillumbik U3A Gibber Gabber weekly newsletter and on its website. By then the term PANArt (artworks produced during the pandemic) had been coined.

Leanne and Brenda were then contacted by Fiona Vuong, Nillumbik Council's Positive Ageing Officer, who had seen the newsletter display. She suggested that the group apply for a Department of Health & Human Services 2020 Victorian Seniors Festival grant to promote their PANArt collection.

The idea was twofold; to feature Nillumbik U3A artwork via film and printed material and to inspire an audience of older Nillumbik residents to connect through art. The project, if successful, would draw on resources made available to community arts groups by this DHHS funding.

The group was excited by the prospect of utilising an electronic platform to display their work, of encouraging others to participate in the arts and of supporting elderly and disadvantaged members of their community.

Fiona, Leanne, Brenda and group member Judy Vizzari met in Zoom meetings to develop an application for funding to produce their PANArt package - a book, a film featuring artwork and interviews, instructional demonstration videos of arts mediums and techniques and lastly, greeting cards bearing PANArt designs. Further, an exhibition of the artwork was planned for that time when restrictions were lifted.

In Term 2 Fiona reported the news that the application for a grant had been successful.

Then, the work really started!



(above)
Colleen Hall
Ginger Pot
Acrylic

(facing page)

Josephine Ball

Porcelain Tile

Flow paint

Remembering well...

TERM 2: 20 APRIL -26 JUNE

16 March:

Just six weeks
into the school
year and there's an
announcement!
All Nillumbik U3A
classes closed!!
Brenda

"We can paint
"We can paint
En Plein Air, it's
what Walter Withers
and the Impressionists
would have done."
Brenda

31 March: First Peak COVID-19

26 March:
"We can become a
co-operative and
post our paintings
online for everyone
to enjoy."
Leanne

"We chose to study
three more Australian
artists; Margaret Preston,
Brett Whiteley and our own
local artist, Kate Hudson. I
emailed photos of their work to
our group and we also researched
our group and we also researched
it online, particularly paintings
and prints of Australian flora
and fauna."
Leanne

28 April:

"Leanne and I
become judges for
Nillumbik U3A Gibber
Gabber Newsletter's
Art competition - topic
reimaging famous
works of Art. Ned
Kelly on horse-back
wins."
Brenda

5 May:
"COVID-19 is
now the New
Normal and today
is the 75th anniversary
of WW2."
Brenda

Term 2 Topic:

"Carrying on from
our first term drawing
let's sketch the trees,
leaves, bushes and
outdoors, either close-up or
landscape. Use charcoal,
pencil or wash.
Remember to shade
or cross hatch."

Term 2 Topic:
"Here's some
of Margaret
Preston's
paintings.
Be inspired!"

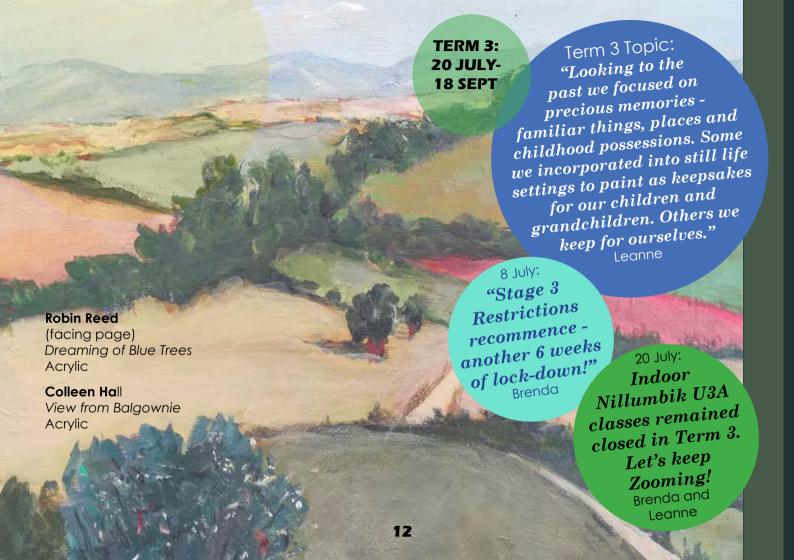
"Easing of Stage 2 Restrictions announced."

17 June:
Victoria has
21 new cases.
Second spike
begins.
Brenda

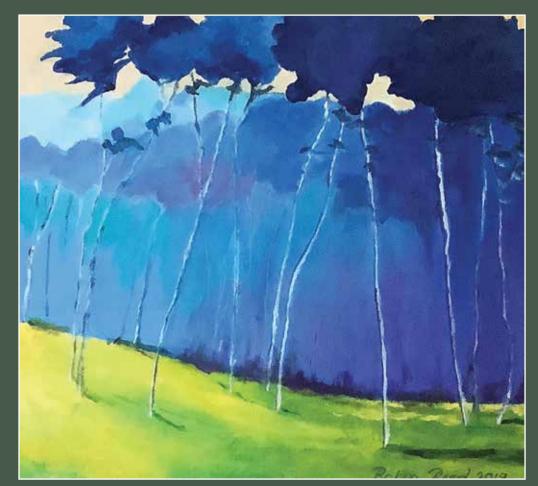
17 June:

"I find it hard to be artistic on my own, I'm missing everyone. Please can we Zoom together? How about a Zoom Party to end Term 2? We could make it social, something to look forward to. What else are we going to enjoy doing in the break... well, seeing the grand-children of course but maybe more painting too?"

Brenda



ESCAPES escapes





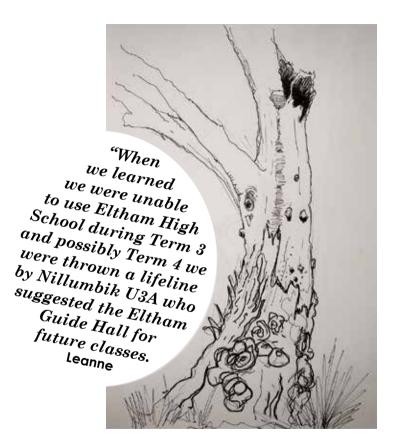
Ilse Jamonts,Fire Story - Lightning, Fire and New Growth Acrylic





Sue Dawson Alister Knox Park Pencil

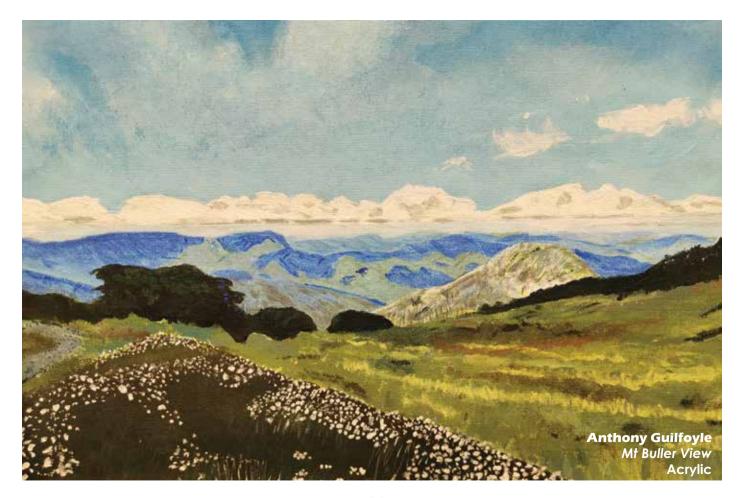
Anthony Guilfoyle (top) Bike Path Pen and ink

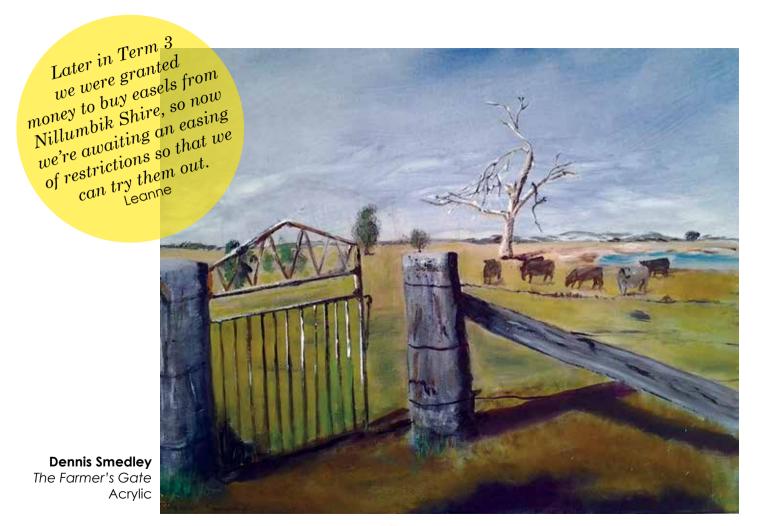


Sue BowlesOld, Gnarled and
Beautiful Tree
Pen



Robin ReedOld Tree in Winter
Watercolour





A New Direction...

"We had previously looked closely at domestic scenes by Margaret Olley and Vincent Van Gogh and, as we were confined to our homes precious objects and memories become our next challenge.

An early collaborative project on this theme was the Doors collection (see page 20) – doors to our homes, our favourite places, our cupboards and our gardens. A resulting 18 mixed media door drawings were group-framed."

Joy Quinn Leanne

Old Truck 2
Coloured pencils
Doris Beermann
Child's Shoe
Pencil
Anthony Guilfoyle
Interior
Watercolour

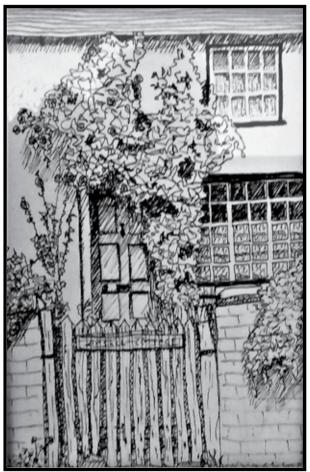








Judy Vizzari Precious possessions - the house, the garden and Agatha Acrylic









Patricia Bulmer (above) The Door to Knowledge Conte

Anthony Guilfoyle (top left) Interior Charcoal and pencil

Lorraine Bassett Pergola Fineliner pen

Rachel Brak (far left) Door Fineliner pen



"It was through
this work that some
members of the group
discovered how much
they enjoyed using
fine pens and so they
explored the medium
further."
Leanne

Leanne Ipsen Lyal Window Acrylic



Collaborative Project - mixed media

"I have
thoroughly
enjoyed being able to
participate in the
free Life Drawing classes
broadcast during
prime-time television.
We need more of
these!"
Sue B

Facing page:
 (far right)

Dennis Smedley

Country Lane Walk
 Acrylic

Lilia Deschamps
 (far left)

Towards the Light

Acrylic and palette knife

This page: (right) Ilse Jamonts Weather Pastel



Sue BowlesQuick Pencil Sketch

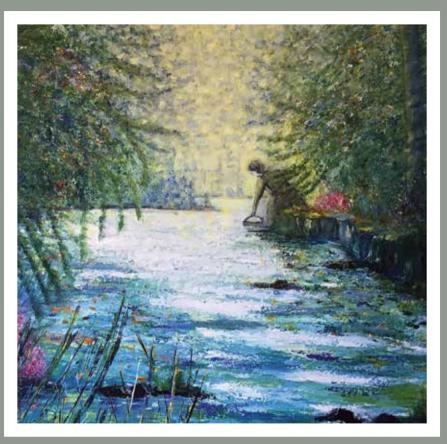






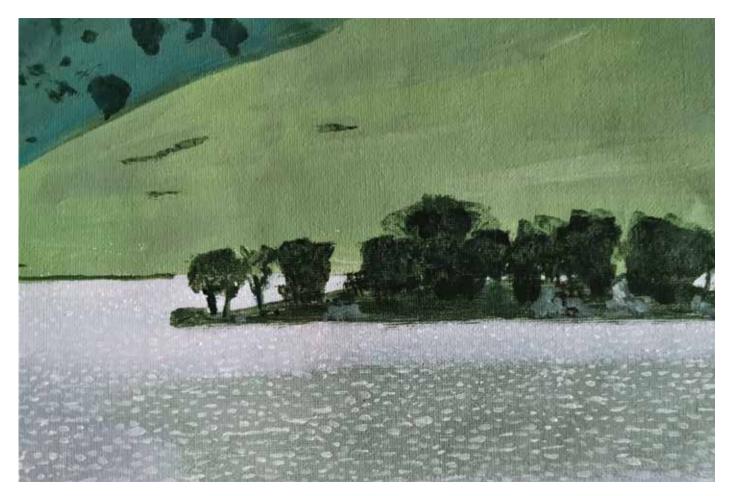


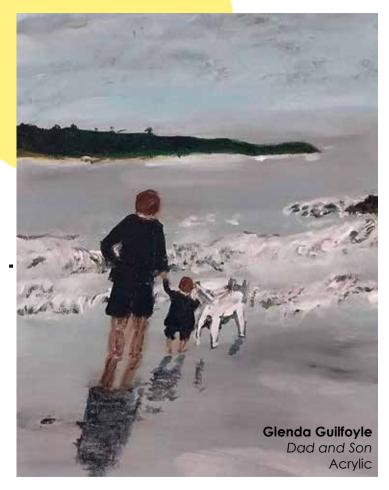




Lilia Deschamps A Moment in Time Acrylic and palette knife **24**

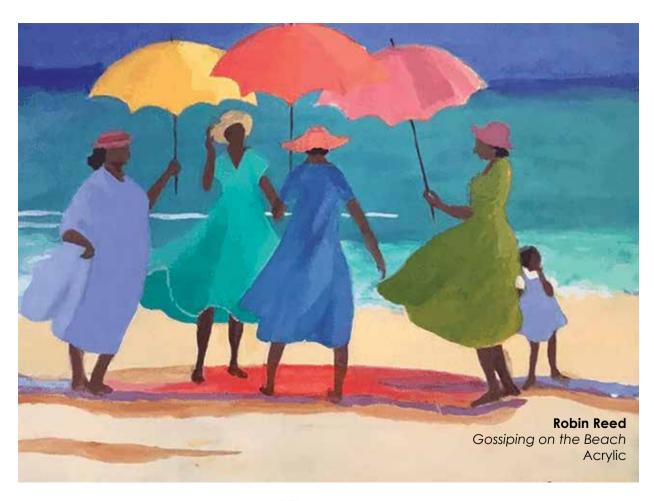
Anthony Guilfoyle (facing page) Pike's Creek Reservoir near Ballarat Acrylic















(above)

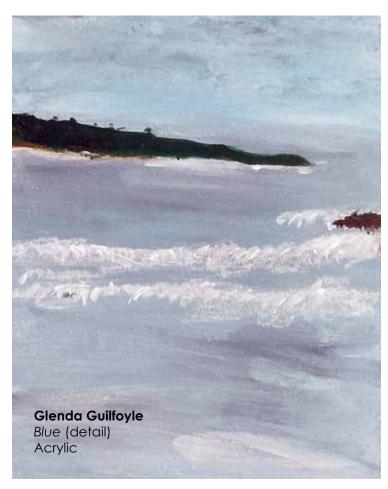
Jan Kienhaus

Jellyfish/Seahorse

Watercolour



(top) **Kath Keppell** *Wild Sea* Acrylic





Brenda Smith Great Ocean Road Acrylic

Pandemic Panic

"In 2019 we worked on 17 lettershaped paintings, each letter onemetre high. They formed the signage Research Preschool."

Leanne

In the time of COVID-19 vandals chose to remove six of the letters from the fence They damaged them then dumped them in a nearby creek. However, the letters were retrieved and repaired by Dennis Smedley then repainted by Leanne and finally reattached to the fence.

The sign is now intact, a colourful expression of public art in Nillumbik Shire and a lively addition to the preschool's perimeter.



Brett Whiteley Sea Stories

Both Joy Quinn and Dennis Smedley have produced a wide range of artwork this year. They are photographed (right) displaying their 'in the style of Brett Whiteley' canyases.

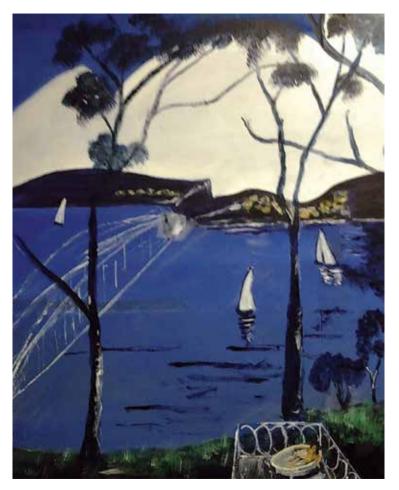
"We
focussed on
Brett Whiteley's
window views of Sydney
harbour. The practice of
'looking out' was especially
relevant during home
confinement."
Leanne





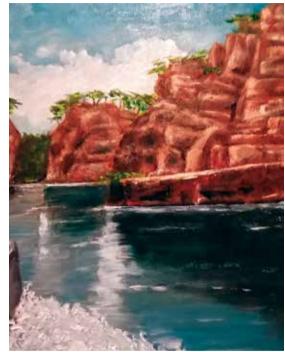
Anthony Guilfoyle
Bay View - after Margaret Preston
Acrylic

Dennis Smedley Sydney Harbour - after Brett Whiteley Acrylic



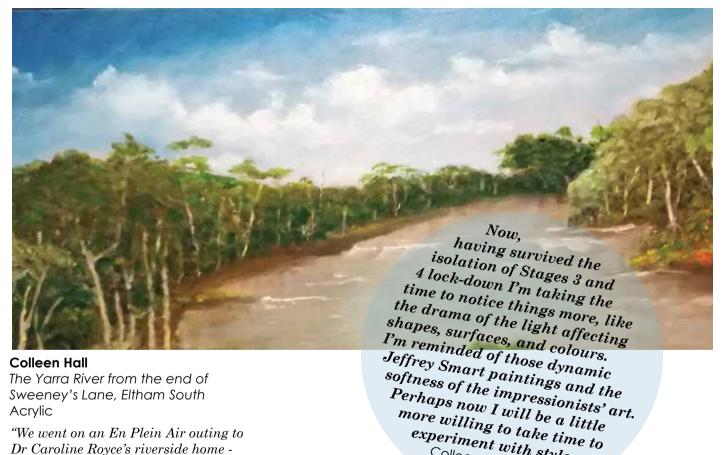






Colleen Hall
Travels Around Australia - Halls Gap (above)
Balgownie Views (top left, detail)
Acrylic

Ilse JamontsStreet Scene, Pastel



Sweeney's Lane, Eltham South Acrylic

"We went on an En Plein Air outing to Dr Caroline Royce's riverside home -Yarra Brae."

experiment with style.











"During
the COVID-19
lockdown I have had
this to do, something that
takes time and patience yet
takes time with excitement. I
fills me with excitement the
can't completely control the
way the tiles look, but take
way the tiles look, but take
great pleasure in their
great pleasure in their



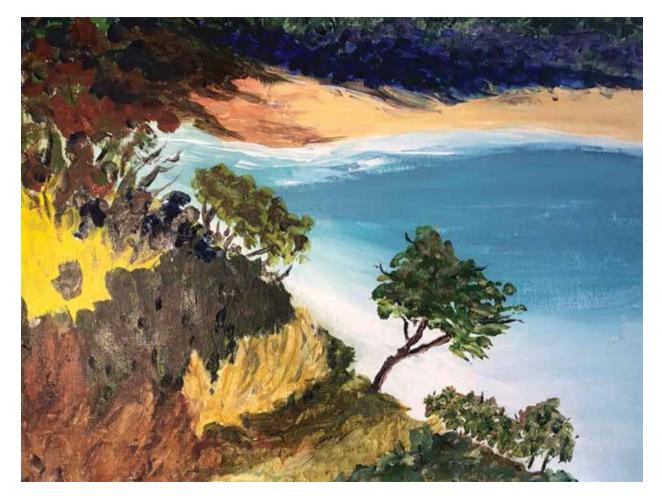
Josephine Ball
A Series of Porcelain Tiles
Flow paint
on porcelain (13"x13")

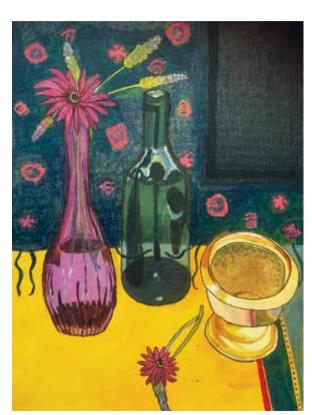
(facing page)

Jan Aitken

The Bay

Acrylic







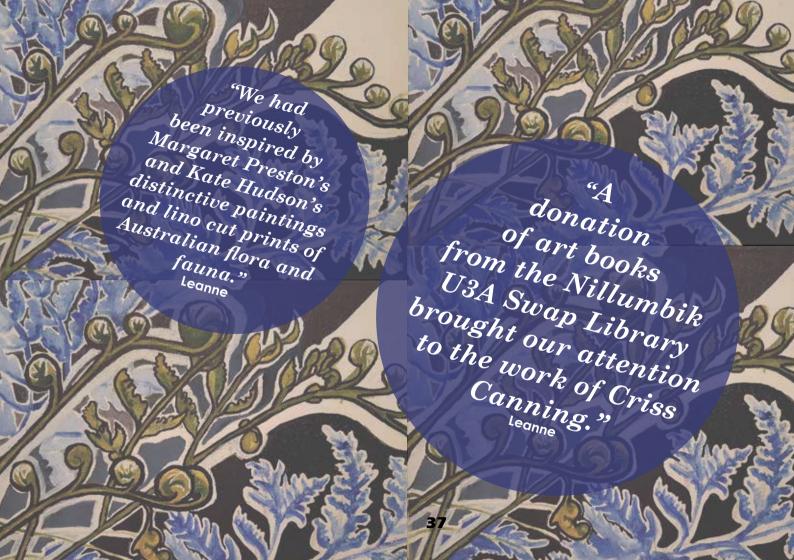
Judy Vizzari (above) Yellow Vase after Criss Canning Pastel Rachel Brak (left) Still Life with Glass Reflections After Criss Canning Acrylic

(Facing page background)

Judy Vizzari

Fern Fronds (wallpaper print)

Acrylic and felt pen



"After Criss Canning"

"Luckily the Nillumbik U3A book resource was being re-organised so a series of art books was donated to us. Amongst them was a wonderful book of Criss Canning's work featuring Australian plants and this stimulated our interest. We adopted her style as a theme and applied ourselves to learning from her artwork.

First we considered her use of blocks of background colour and black lines demarcating leaves and petals, then used a variety of mediums and materials to produce 'after Criss Canning' works.

Eventually we became more specific and paid particular attention to still life and the challenges of portraying reflective and shiny surfaces."

Leanne







These panels were painted in acrylic medium by Leanne Ipsen.

They include seven images featuring Australian flora, all painted on one canvas.

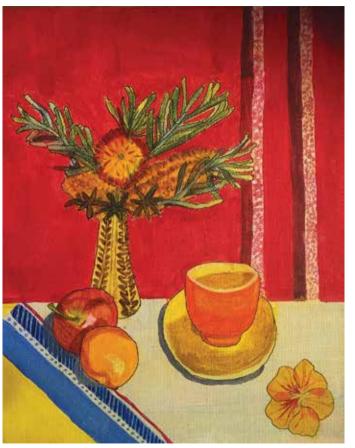
Leanne's inspiration for this work was that of noted Australian 20th Century artist, Criss Canning.





These botanicals images were inspired by Australian artists Margaret Olley, Criss Canning and Margaret Preston. See overleaf for more details.







Colleen HallReflections on a Vase, Acrylic

Cathy Romeo (above right) Reflections on a Pot, Acrylic



Facing page:
Rachel Brak (left)
Sunflower Pot
- after Margaret Preston
Watercolour and pen

Ilse Jamonts (right) After to Criss Canning Acrylic Artwork pages 40-41 (left to right):

Joy Quinn: Nastursions after Criss Canning, Acrylic

Robin Reed: Correas - after Criss Canning, Acrylic

Catherine Dattner: Blue Vase - after Margaret Preston, Acrylic

Rachel Brak: Callistemon - after Criss Canning, Acrylic

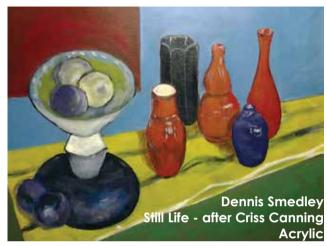






Robin ReedBlue Vase with Fruit - after Criss Canning
Acrylic

Ilse JamontMoon Life - after Criss Canning
Acrylic







Judy Vizzari *Proteas*Acrylic

Doris BeermannGlass Bottles
Charcoal





Anthony Guilfoyle Still Life - after Criss Canning Mixed media



Joy Quinn Milk Jugs Acrylic

"Brenda had tutored watercolour skills earlier in the year and now we used our knowledge to produce lovely wet-on-wet and wet-on-dry card designs."

Leanne







Judy Vizzari
Apples in a Basket
Pencil and Ink



Anthony Guilfoyle (top)
Anthony's Apples/Watercolour
Judy Vizzari (below)
Quinces/Watercolour



Rachel Brak (top)
After Anthony's Apples/Watercolour
Joy Quinn (below)
Pears/Acrylic



Jenny BullVase with Flowers - after Criss Canning
Acrylic



Joy QuinnChristmas Bells - after Margaret Preston
Mixed Media

This page:

(far right)
Cathy Romeo
Seed Pods after Criss Canning
(detail)
Mixed Media

(right) **Jan Kienhuis**Seed Pods -

Seed Pods after Criss Canning Acrylic

(below right-left)
Colleen Hall - Poppies
Acrylic
Sue Bowles - Cyclamen
Brenda Smith - Florals
with glass transparency
Watercolours

Facing page:

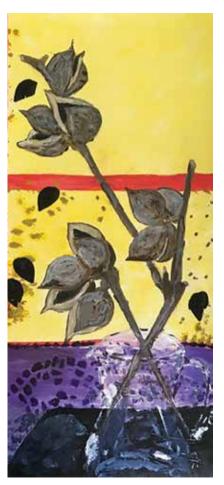
Cathy Romeo Proteas Acrylic/Palette knife













All things

"In Term 3 we decided to develop our drawing skills so concentrated on pets, indigenous animals and birds. A series of step-by-step sketches were emailed to the group as inspiration. Watercolour skills practice was incorporated into our efforts."

Leanne

bright and beautiful



Joan Denison Singing in the Shower and Reflections on Window Mixed media



Joy QuinnGoose
Coloured pencils



Rachel Brak Chickens Watercolour, pen and ink



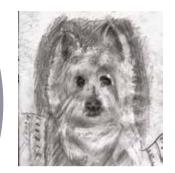
Catherine Dattner (above)
Fancy Chook - after Criss Canning
Watercolour, pen and ink

Sue Dawson (right) Owls Fineliner pen



"Brett Whitely's lively bird sketches inspired us and promoted some of us to return to drawing. Many sketches of birds, pets and 'wild things' resulted."

The swan I did for my
86 year old dad for
Father's Day, I have very
vivid memories of him
drawing swans, he loves
them! He's in NSW, hope
this brings a smile to his
face, it's not the same as a
hug but there's lots of love
behind it."
Jenni









Facing page:

(clockwise from top left)

Catherine Dattner: Little Bird - Watercolour

Jenni Bull: Swan - Acrylic Judy Vizzari: Mynas - Pens

Robin Reed: Black Cockatoo - Acrylic Dennis Smedley: Ozzie Ostrich: - Pencil

Joy Quinn: Rooster - Acrylic

Rachel Brak: Rosella - Watercolour and pen

This page: (clockwise from top left) **Dennis Smedley:** *Trevor* - Pencil

Ilse Jamonts: Koala - Pastel

Dennis Smedley: Tuckered Out - Pencil Catherine Dattner: Pensive Rabbit -

Watercolour

















Jan A

Our Drawing and Painting sessions inspire me with shapes and colours. I now notice them everywhere... a new sensitivity. Thank you Leanne and Brenda and all the members of the class.

Josephine

I absolutely love painting my porcelain tiles. During the COVID-19 lockdown I have this to do, something that takes time and patience, yet fills me with excitement. I can't completely control the way the tiles will look but find great pleasure in that randomness.

Sue B

Art has been a welcome anchor in a strange world. Our wonderful Nillumbik U3A Art tutors have kept me inspired as we've challenged and connected via regular Zoom sessions. I have enjoyed looking at and discussing fellow artists' artwork – even if I haven't been that productive myself. I have also enjoyed the free Life Drawing classes broadcast during prime-time TV. We need more of these!







Rachel

It is lovely to catch up with people, even by 'Zooming,' and meeting regularly in this way gives me the motivation I need to paint and the challenge to improve my art.

Jenni

I have been able to re-visit my love of art these last few months - I had put it into a "one day..." folder for too many years! Having just joined the class before COVID-19 hit I was disappointed to be floundering again, but with the emails, Zoom and the encouragement and enthusiasm from everyone I pushed on and experimented with different mediums and subjects, I tried watercolours for the first time and made a few cards to send to far-away family.

Patricia

In the pandemic, everyone has been happy and supportive of each others' endeavours. We have been using acrylics, pastels and water colours with differing degrees of success. All good fun, thanks to everyone.





Catherine

Art has been an important distraction during lockdown. I have been painting daily and honing my skills especially with watercolour and pen. Zoom meetings give us face-to-face connection and keep us motivated. It's great seeing and hearing what everyone has been doing.

Joan

I have used this free time to focus on impressionist techniques. When painting I am in a very personal special space and time - in a way it is a lonely experience by choice. Sharing my experiments with the rest of the Nillumbik U3A Painting & Drawing group has allowed me to keep social contact, to learn and to get feedback from others' painting experiences and journeys.

Lilia

When painting I am in very personal special space, it's a lonely experience by choice. Sharing my painting with the rest of the Nillumbik U3A Painting and Drawing group members has allowed me to keep the social contact, to learn and to get feedback from their own painting journeys.



Anthony

I thought I was good at art until I actually tried it. It has given me some routine in these COVID-19 times. Once I would have shed tears of awe at works of art but now they are tears of frustration at my hands not doing what's in my mind.

Glenda

COVID-19 has been a difficult time. I miss the social interaction of the Art class and the instructions from the teachers which have always boosted my creativity.

Colleen

During pre-COVID-19 days it was easy to pack my art materials and simply turn up at our regular Art sessions to be inspired by other members and teachers. Now, after surviving the isolation of Stages 3 and 4 lock-down, it's a little harder picking up the tools but, on the positive side, I take the time to notice things more.



Sue D

Not sure about a comment on my art during COVID-19! I have been very slack in that area! Once I get going I am fine! I just need to get my priorities in the right order. I do love Hans Heysen so I think he is the big influence in my drawings! So lucky to live in Eltham!

IISe

It is said that art transcends all boundaries. For me, it is an expression of meaning, a joy of life to share with those that might take the time to stop and look. During COVID-19 enforced isolation I have challenged myself to search deeper into what surrounds me, what is important and what I want to express through art. Zoom technology has enabled me to maintain links with my community and I am appreciative of our Art group's support of my work.



Jan K

When I start painting time slips by so pleasantly and any cares or concerns of life just disappear. Art is a wonderful way to forget about COVID-19 isolation and to enjoy the opportunity to draw, paint and to be contented with simple pleasures.

Joy

The Art group presence during lockdown has been so positive. The fact that we all think in different ways, use different media and produce such varied works means there is always something to admire, something to learn and something to emulate. Wonderful.

Robin

With so much time to fill in during lock-down, having our Art classes continue on Zoom has enabled me to avoid isolation and made possible a continuation of sharing our creative enthusiasm and social connections (not to mention impressing my grandchildren by forcing me to keep up with technology.)







Cathy

The Art Zoom sessions have helped me to stay connected. They've allowed us to see familiar faces and hear familiar voices and that's what I've missed... it's been oddly comforting to hear that others, too, have had moments of 'creative doldrums.' Fortnightly themes have given us direction and spurred us on to discovering new ways of expressing ourselves and, although we've tackled our topics differently, we've all responded to the challenges.

Kath

Now, in a retirement home and suffering both poor eyesight and hearing, I can't participate in the Zoom meetings. I miss Art group dreadfully but have tried to keep in touch and to paint despite hospital visits.

Lorraine

Enjoying amazing art on my walks, that about sums up my lockdown – walking and observing other people's creativity. I think I am getting inspired.



Doris

Only joined the Nillumbik U3A Art group this year, so a bit overwhelmed by all the talent around me. But after initial paralysis due to the Pandemic, it was a relief to rediscover my pencils and connect to this vibrant group via Zoom and email.



Dennis

My immediate thought is how appreciative AND relieved we'll be when we're able to resume a normal lifestyle, when the conversation won't be about the virus. But the lockdown has allowed me to think and to expand my limited art skills. I've spent time on pencil sketches and am about to start my fourth canvas, trying to put my own slant on Leanne's and Brenda's suggestions. I haven't participated fully in Zoomings but what I did see was encouraging; I was impressed with the team input.





Leanne

Our Nillumbik U3A Drawing and Painting group has given my lockdown life direction, commitment and purpose. I enjoy the challenge of uniting a group in our mutual creative passion. Each week we connect and our fortnightly Zoom meetings reinforce our motivation to work and to achieve goals. The grants from the Nillumbik Shire have given us impetus and credibility to strive even further to produce the work showcased in this book. This project feels worthwhile and inspiring.

Brenda

Suddenly on 11 March 2020 the whole world changed; we were faced with a pandemic. As a retired History teacher at Eltham High School from 1975, I knew we must use all our teaching skills to stay connected. Thanks to digital communication we have been able to stay creative together; even though my life, physically, has gone from my Donald Duck Gas Mask (1943) to Mandatory Mask (Melbourne Lockdown 2020).

Judy

2020 has been different! COVID-19 was unexpected and challenging, but most definitely a bright spot during this time has been the special pleasure of connecting with other art lovers. The PANArt Project and the compilation of this pictorial record of our artwork during 2020 has been satisfying, now I'm looking forward to returning to face-to-face art in 2021.

Acknowledgements

The members of the Nillumbik U3A Painting & Drawing Group thank the Victorian Department of Health and Human Services 2020 Victorian Seniors Festival for their generous support of the PANArt Project 2020.

PANArt Project Leaders: Leanne Ipsen, Brenda Smith Photobook Design & Production: Judy Vizzari Contributors: Nillumbik U3A Painting & Drawing Group Project Initiator: Nillumbik Shire Council Facilitation: Nillumbik U3A

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NILLUMBIK

UNIVERSITY OF THE THIRD AGE

September, 2020

U3A website: 'www.nillumbiku3a.org.au'.