

Nillumbik U3A Inc.
Registered in Victoria
Organisation No. A0052322C

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June 2016

Committee 2016

On Wednesday afternoon, 13 April 2016, U3A Nillumbik members gathered at Hurstbridge Community Hub for the association's eighth Annual General Meeting.

During the afternoon the minutes of the previous meeting were confirmed, the Annual Report 2015 and the Financial Statements 2015 were submitted, nominations to the 2016 Committee were received, new and returning members were elected for the 2016 term and the amount of the current annual subscription was confirmed – a full agenda for one afternoon!

Once formal business concluded Mr Jim Connor, President of the Eltham District Historical Society, provided an entertaining presentation on our local history. His talk was followed by a delicious afternoon tea, organized by Duang Tengtrirat. Thanks to Jim and Duang for their contributions.

Thanks also go to our outgoing 2015 Committee members for their valuable contributions last year and to our new President, Karen Coulsen and the new Committee members for accepting the challenges of leading U3A Nillumbik in 2016.

- **Karen Coulston,**
President
- **Guy Palmer,**
Vice President
- **Ian Richards,**
Treasurer
- **Vera Dorman,**
Secretary
- **Rosemary Aitken**
- **Joy Barham**
- **Lou Empson**
- **Debra Forbes**
- **Anne Kane**
- **William Naim**
- **Stuart Winstanley**



See pages 4-5 to match names to faces and to learn more about our new committee members.

INSIDE	From the President P2	Our U3A History P3	Our U3A Committee P4-5	News & Views P6,7,9,10	Len's Editorial P8	New Courses P13-15	Term 3 Timetable P16-17
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From the President

Many of you know me as the wine woman with the interesting hair. The hairstyle is the only fashionable aspect of your new president; apart from that she is all practicality (enlivened by colour and texture), down to earth with a love of efficiency, sustainability, a hatred of waste but frivolous in art, travel, food and wine. Science meets art in my winemaking background.

I grew up a suburban girl, bright enough to study science at Monash during its most dynamic years and, after extensive travel, returning there for a career in research chemistry during the '80s and '90s.

I had married a fellow scientist, a farmer's son, and the move to Yarrambat satisfied his rural yearnings and I learned to care for our land, its bush and a hobby vineyard. The rest is history; my chemistry evolved into winemaking then to wine chemistry and now I am simply enjoying the aesthetics of drinking fine wine and sharing my passion with U3A members.

I come to the Nillumbik U3A presidency without administration or management skills but my worthy committee will bring me up to the mark there. I welcome the new Committee of Management and you can see from their short bios that each brings talent and skills which will supplement and complement each other.

I plan to represent our U3A members and organisation with pride and passion and work with this committee towards the seamless functioning of well-run courses and activities and, of course, continuing to provide friendly support to our volunteers and participants.

My presidential duties so far have involved meeting people that we will work with in our community. During Volunteer Week I attended a council volunteer function where I met several council officers who welcomed our new U3A committee members. The council officers provided information enabling our committee to use council networks to interact with our wider Nillumbik community. I also renewed friendly conversations with two councillors and have more recently been contacted by our State MPs asking for our collaboration with Over 55 programs.

U3A Network Victoria is our umbrella organisation and I have found contact with them informative and very supportive. No barriers so far and I'm learning to jump hurdles!

We are an asset to our Nillumbik community and our generation, ageing positively and actively.

Karen Coulston

karen.coulston@bigpond.com

Ph: 0417 529 181

Dates For Your Diary

2016	Term Start	Term End	Weeks	Holidays	Last day
Term 3	Monday 18 July	Friday 16 September	9	3 weeks	Term 2 Friday
Term 4	Monday 10 October	Friday 9 December	9	8 weeks	24 June 2016

U3A Nillumbik

"The Beginning"

It all started in Hurstbridge. I was on the management committee of the Community Centre there and we were floating ideas on how to boost our user base at the Centre. My suggestion to establish a U3A was met with approval and, although I had hoped somebody else would take this on, I ended up calling a public meeting in June 2008 to explore the idea further. About 45 people attended which suggested an interest in a local U3A, and a small group of volunteers got together to form a steering committee.

In Term 4 of that year, under the auspices of Whittlesea U3A, we ran four courses at the Hurstbridge Community Centre — Understanding Economics, Play Reading, Current Affairs Discussion and a Writers group.

Urged on by the U3A Network to become an independent organisation, and with valuable support and advice from Whittlesea U3A, the committee put in an enormous amount of work — writing a constitution, becoming incorporated, liaising with other U3As, applying for grants, organising a bank account and PO box, planning courses, equipping an office, recruiting members and publicising our venture.

U3A Nillumbik was officially launched in November 2008. I became member No.1 and its inaugural president ably supported by a committee of six other members — Laraine Hussey (Secretary), Suzanne Hay (Treasurer), Colleen Gardner (Catering), Jill Holmes (Film Society), Donna Kilgour (Public officer and Grants) and John O'Connor (Cosmology Tutor). Brian Mclean and Doug Rutherford also came on board soon after our inauguration.

Right from the beginning our vision was for a U3A which included the entire Shire, so we decided on the name — Nillumbik U3A. Our plan was also to liaise with as many community groups and organisations, including the Local Council, as possible.

I was on a mission! None of my friends, acquaintances or even total strangers was exempt from my determined arm-twisting as I encouraged them to become a tutor or speaker and join as a member.

By the beginning of Term 1, 2009, under our own banner, we were ready to roll with 16 courses and activities in place. These included Astronomy Cosmology (John O'Connor), Understanding Economics (John Besley), Art History (Frank Hekes), Share a Short Story (Barbara Canterford), Spanish (Vincent Schultz), French (Bill Naim). Jenneke Bateman ran a writing Group and Frances Meikeljohn had us tootling away on recorders. I set up Mind Games and Brain Gym, Discovering the District, Be a Tourist in our Town, and, in conjunction with Jill Holmes, started Soapbox — Issues and Current Affairs. Some of these courses are still running under the direction of new and enthusiastic tutors.

Then a devastating event occurred which truly tested the mettle of our newly formed U3A, making us one of a few, if not the only, U3A that began with a 'trial by fire'.



Sabi Buehler

Our Newly Elected Committee Members



Rosemary



Joy



Vera



Lou



Debra

Rosemary Aitken

I enjoyed U3A classes for several years then joined 'the Office' to help with the database and the large task of dealing with membership, class enquiries and enrolments. I am a member of several community groups such as healthAbility and the links they provide enable better communication and informal information flow, which even within U3A is difficult to achieve.

Joy Barnham

I am a retired secondary school teacher. I joined the U3A to participate in the walking group and now I am also in the wine appreciation group, the last Wednesday of the month Bookclub, and lawn bowls. I have made many new friends and am happy to be a general committee member and work to help our U3A thrive.

Vera Dorman

In June 2015 I retired from a lifetime career as a health professional, which took me from theatre nurse to Surgical Manager. I was pleased to join the U3A and discover how much it offers and feel privileged to contribute something back to this community.

Lou Empson

I have been a committee member since the establishment of the Eltham campus of Nillumbik U3A. I have tutored Italian and currently I am helping people to enjoy the wonderful game of bridge. I hope to find a permanent home for us.

Debra Forbes

Born in Melbourne to working class parents I went on to study Computer Sciences and worked in a number of IT related industries. Now, married with children and grandchildren, I live in Montmorency. My involvement with U3A has been recent, but I am hoping for a long relationship with classes and helping on the committee.

**We Are
Not Alone!**

**Nillumbik U3A is just one
of many U3A's. Use this
link to discover more about
U3A's in Victoria.**

u3avictoria.com.au



Anne

Bill

Guy

Ian

Stuart

Anne Kane

I have enjoyed a long career in most aspects of Primary School teaching, often working in low socio-economic schools. On retirement the opportunities offered by U3A were welcomed. U3A has provided continuing learning, friendship and the chance to offer service in a stimulating and much loved organisation.

William (Bill) Naim

Born in Egypt and with a French and English education I arrived in Melbourne in 1962. Employed by Qantas I held numerous Management positions eventually becoming an Airport Duty Manager. In 1995 I left Qantas, joined Crown Casino, then left them to pursue further travel. Married to Gaby for 50 years I have five children and seven grandchildren. I have been involved with U3A since 2013 and have taught several classes.

Guy Palmer

I arrived in Australia in 2007 from the UK, having pursued careers in management consultancy and political research, and moved to Nillumbik in 2012. Since joining U3A, I have taught a variety of subjects (history of art, veggie growing, evolutionary theory, website development and quantum mechanics), before joining the Committee in 2016. I am active in the local food movement, including being webmaster of:

www.localfoodconnect.org.au and
www.sgaonline.org.au.

Ian Richards

Until I retired six years ago, I worked in the construction industry as an accountant and CFO for large electrical and engineering companies. I have lived in the local area for 45 years. I am married with children and grandchildren. This is my fourth year as Treasurer of our U3A. At this moment I am travelling in Europe.

Stuart Winstanley

I am a proud grandfather who retired from the information industry after more than 30 years involvement. I joined the Nillumbik U3A in 2012 and was elected Vice President that year. I became Acting President and then President in 2013 and 2014-15. The U3A has provided an ideal pathway for continued learning, developing new friendships and providing a way of giving back to the community.



Tutor Profile

Noel Butterfield

I'm a 70 year old baby boomer who has spent 40 plus years teaching in both the private and public sectors. I retired in 2001.

I have always been interested in the life of the community I live in and always make sure I become involved. While teaching at Broadford Secondary College in 1983 I chaired the local Council Committee that addressed entering the first *Keep Australia Beautiful Tidiest Town*. In this State wide 'competition' we defeated 100 towns on a wide range of criteria. We won outright in all categories and all divisions.

My community involvement continued throughout my teaching career. In the '90's I was Principal of Nauru Primary School and Deputy Principal of Nauru Secondary College. Nauru is a harsh, oppressive environment for anyone to work in. I care for the Nauruans and am saddened by the oppressive corruption that has destroyed the Nauruan inhabitant's spirit.

I appeared on a *Four Corners* program which conducted an exposé of this forlorn little nation. I would relish the opportunity to talk about my time in Nauru.

My love for drama and the theatre has been with me since my earliest days. When teaching in Broadford I directed *Slaughter in Suburbia*, *Brigadoon* and a number of other productions. When I moved to Yarrawonga I directed C. J. Denis's *Songs of the Sentimental Bloke*. When I was not directly involved in a production I assumed the mantle of 'guest critic' which led to a postgraduate Diploma of Freelance Journalism.

I love teaching and regard it as a privilege to still be involved. I hope my tutoring repays the opportunity U3A has afforded me. If it wasn't for U3A my life would not be as enriched as it is. Surely U3A is the vehicle that gives its members a real reason for getting out of bed in the morning — this is a time for moments of intellectual stimulation in social settings that thrive on friendships and shared interests. U3A fulfils a valuable purpose in our lives.

Oh, just in case you have nothing to do with your feet, let them guide you along the path to our U3A and then to *Shakespeare Rocks* and *Armchair Theatre*. Then you can join in our exploration of the wonder of language, drama and theatre.

Shakespeare ROCKS

"A really great class! To read a Shakespeare play slowly and with dramatic understanding is a memorable and inspiring experience."

"I am a newcomer to this class. My aim was to enhance my appreciation of the Bard but along the way I am also enjoying the very entertaining group dynamics."

"This class is interesting. It involves reading through the text and watching DVDs of the play. Friendly tutor and class members with lots of interaction."

"The class is always stimulating under the direction of the cheerful Noel Butterfield and provides members with a feast of the best of Shakespeare."

"It's so much more than just reading — it has been fun! Learning the language of the Bard and understanding his writing is my aim and it's being achieved with some pleasure. Another excellent U3A course."

“The Play’s the Thing ...”

On Saturday 14 May 2016, we mere players who are members of Noel Butterfield’s course *Armchair Theatre* (and/or *Shakespeare Rocks*) attended Heidelberg Theatre’s outstanding production of Reginald Rose’s classic play *Twelve Angry Men* - a play read, discussed and admired by the *Armchair Theatre* group.

Director, Chris Baldock, invited 22 members of the audience to further immerse themselves in the play and enjoy theatre in-the-round, seated on-stage at the rear, and to the sides of the main stage. Added to our sense of involvement was the use of HTC’s revolve - the revolving central section of the stage.

It is America in the late fifties. The three day trial of a young coloured man accused of murdering his father has just concluded. Twelve white, mostly middle-class jurors are locked in the jury room on a stiflingly hot day to consider their verdict. It must be unanimous. If they find the accused guilty, the death penalty is mandatory.

Eleven of the 12 jurors, some of them distracted by their own prejudices and concerns, are reluctant to analyse the evidence. One man, Juror Number Eight, a quiet, thoughtful man seeks the truth. He is strong and compassionate with the courage to stand alone to ensure each piece of evidence is examined.

He asks if there is reasonable doubt about the young man’s guilt. The task of the jurors is grave. The decision of whether a young man lives or dies rests with them.

The jurors’ personalities are revealed. Bigotry, racism, class conflict, sadism, timidity and indifference affect some. Logical argument eventually results in rational thought. The themes of the play remain pertinent and will continue to resonate as our contemporary society faces the same prejudices, human frailties and social tensions.

The performances of the fine cast were memorable, each character portrayed convincingly and at times poignantly. Suspense was maintained, leaving the audience with much to remember and ponder.

Plays enjoyed this year in *Armchair Theatre* include Shaw’s *Pygmalion*, Willy Russell’s *Educating Rita*, Arthur Miller’s *Death of a Salesman* and *Ned Kelly* by Douglas Stewart. *Death of a Salesman* is my personal favourite of all these fine offerings. We read and interpret the plays, may not always agree with the interpretations of others, but always learn a little more about the play, ourselves and fellow students in the process.

In *Shakespeare Rocks* we have been spellbound and blood-spattered by *Macbeth*, revelled and laughed at *The Taming of the Shrew* and are currently suffering with *King Lear*. We have also watched some fine films of all these Shakespeare classics. At the end of each class I remind myself - ***“The Play’s the Thing”***.

Janice Paull

**Class
Feedback**

"A galaxy far, far away ..."

In this Newsletter we have an article I believe to be very important. It is written by Sabi Buehler who was the driving force behind the establishment of the Nillumbik U3A. She became our Number One member and our first President. The article focusses on the days that led to our creation. It is important for us to remember those times even if we personally took no part in the event or even knew it was happening.

Our beginning happened in 2008 so we are only two years away from our tenth anniversary. Only eight years ago! I am reminded of the opening screen of Star Wars — *A long time ago in a galaxy far, far away....* It is so easy to lose our past, swallowed by the mist of time, simply because we do not make the effort to remember. Only eight years ago, and who amongst us remembers?

Should we remember? I believe we should. I am strongly reminded of the need some of us suddenly develop to rediscover our family history. We will spend time, energy and money to track our descendants. Genealogy can become an all-consuming passion, but our search is dependent on the

records kept, both written and aural, and, of course, all needs to be verified. I'm sure our U3A has written records but what about personal reflections from people who were there? Our U3A has become a part of the history of our Shire and in the here and now we are the guardians of that history.

This is where Sabi's account becomes important. It is vital we do not let the memory of those times become distorted, or worse still, lost. Because of our age group we lose members to the natural progression of life — it is inevitable. If we are proud of our organisation we should not lose the essential fabric that clothes our existence. The place and time of our birth is so so important in our remembering.

Hopefully there are those among you who will be inspired to help write our history in time for our tenth anniversary.

I see our Newsletter as playing a positive role in the recording of our lives. It holds snippets of memories, short biographies of tutors, descriptions of courses we attend, photos of our members, etc, and providing we archive our material properly our thoughts and images, our lives, will someday be found in a *galaxy far far away....*

Thank You

Thank you to those who responded to my editorial asking for input regarding your preferred method of receiving news. One hundred percent of respondents believe this newsletter should continue and probably in its current format. That's pretty convincing but we have all heard of *lies, damned lies and statistics*, so what does it really mean? It means that "yes", we are continuing to keep you informed via our emailed U3A Nillumbik Newsletter (for the moment) — we'll keep you posted on future changes. Again, thanks for the input ... all three of you!

L Vardy

Tutor Profile

Carole Waldron

Aeschylus Oresteia

"... an exploration of the relationship between mankind and its Gods."

Like so many of us at U3A, I have always been interested in education. Early family influences and some wonderful teachers engendered in me a lifelong interest in enquiry and learning.

My early years were spent in Melbourne and I studied at Melbourne University (where I met my husband). I lived in Tasmania for two years and then, from 1972 to 1981, in Papua New Guinea.

Although I had trained as a Secondary Teacher I was lucky enough to gain a Primary Teaching position in an International School in PNG. Teaching at Gordon International School with some truly gifted and creative teachers from at least five different countries provided opportunities and learner/teacher experiences which were lasting and inspirational.

After I retired, I enrolled in CAE Classical Studies classes and began Latin Classes at U3A. As Retirees we are well positioned to develop new or lapsed skills and explore new areas of enquiry.

I have found U3A to be wonderful forum as the informal and friendly environment enables us to cooperatively engage in areas of interest that, I believe, are less rewarding if pursued as sole enquiry.

Two years ago I joined Lyn Hatherly's Greek Studies group. It was wonderful class and I was so grateful to be in a group that was led by such a delightful, friendly and inspiring teacher. When, sadly, Lyn was unable to continue, she asked me to fill the role of facilitator in her absence. She suggested that having read The Iliad and The Odyssey we might like to revisit The Agamemnon which, as well as being a great achievement in its own right, may be viewed as a sequel to Homer.

So thanks to Lyn we now have a new group: The Oresteia.

Aeschylus's Oresteia is artistically brilliant, compelling and very moving. Through the dramatisation of individual relationships and fateful family curses, it leads into an exploration of the relationship between mankind and its Gods, and hence with its associated themes of fate and freewill, glory, death, loyalty and betrayal and especially overweening Pride and its consequences.

As we experience the dramatic transition, through suffering, from a society underpinned by brutality and revenge to one that is grounded in justice and democracy, I become more and more certain that any real understanding of the present is founded on a broad comprehension of the past.

I feel privileged to work with this U3A class as we explore this challenging Drama. Each week we grapple with its complexities and I find it a thoroughly rewarding process.

In future classes I would like to study other extant early literature and then move on to later significant works which have provided the building blocks for Western Civilisation.

Hopefully these proposed classes will provide us with a better understanding of Melbourne City Council's motto, *"Vires acquirit eundo"* translated as *We gather strength as we go.*



Story ... *Unlucky Friday*

Rick had never had much luck. Or rather the luck he had had was typically bad. This was particularly so where money was involved — he had never ever won a cash prize. Despite often organising the competitions himself, whether for football tipping, Melbourne Cup Sweeps, whatever, financial gains continued to elude him. What could he be doing wrong?

He decided to test all the proverbial omens. But of all the 'contra' signs that could have been applied, none seemed particularly apt. On Googling bad luck omens, he found and quickly ruled out the recent occurrence of single magpies. He hadn't crossed paths with any black cats, nor had he broken any mirrors or walked under a ladder. He hadn't noticed an owl looking through any of the windows, just as well because it may be seen as a predictor of certain death. Nor had he spilt the salt, necessitating tossing a pinch of the same over a shoulder: which shoulder? He wasn't sure. He hadn't killed a sparrow and they were believed to carry the souls of the dead. He hadn't put his new shoes on the table nor his hat on the bed. His umbrella remained furled indoors and he was careful not to tread on the cracks in the pavement. No problems with any of that, then.

He checked Google again to see if there were any allusions to bad luck caused on a Friday. He denied making a first approach to

a doctor on this particular day, again also said to be an omen of certain death. He did not trim his hair or nails on a Friday either.

Today was a Friday. Two weeks earlier he had bought a couple of raffle tickets from a mate. He looked at the tickets in his wallet ... hmm ... drawn today. They gave a website on which winning numbers would be published. He looked it up on his smart phone. No, he hadn't won, but apparently he had the second prize, an IGA Gift Card for \$3000. He'd won some cash at last.

He was outside and just then a strong gust of wind plucked the ticket from his hand and deposited it in the entry slot to a drain, clean as a whistle, didn't even touch the side. He found that he couldn't lift the heavy concrete slab which served as a lid to the drain, so eventually he had to give up on retrieval of the ticket.

Sadly he returned to the cafe he and his friends had been frequenting. He cast his eye over a newspaper on one of the tables, finally focusing on the masthead — it suddenly all became clear as he saw what today's day and date were!

Rod McLean

Read more ...

follow [this link](#) to Len's weekly blog for news about our Eltham Creative Writers.

GIRL IN THE WINDOW



I turned
Saw you standing
Outside
My window
Frozen
By the act
Looking

With
Your eyes
Holding mine
I knew you were
Gone
My girl in the
Window
Gone

Silent sadness
Filled me

It was the
Death
Of
Day

L Vardy

Reflections of a new Member

"Thank you Noel for leading us!"

I migrated to Melbourne in January 2016. I'm still a few years from retirement but have not been able to find a job. I've been working for the past 40 years and it's not easy to suddenly not be doing anything. To keep myself occupied (and sane) I looked to join some courses.

Some friends of mine told me about U3A but theirs is so far from where I live in Eltham, so I searched for U3A Eltham and found their website. I enrolled for both Armchair Theatre and Shakespeare Rocks. I chose these courses to both practice my reading and to take the chance to read Shakespeare's works. Courses are free so the annual fee of \$45 is reasonable.

Armchair Theatre is focussed on reading the characters in the book while Shakespeare Rocks includes both reading and watching video. Both courses are relaxing and interesting. This is mainly attributable to the professional and participative style of Noel and of course the participants who are so willing to share their knowledge and experience.

Depending on the books read, at times I felt so immersed in the play that I feel various emotions like sadness, fun, and laughter,

etc. We also share our opinion of certain characters in the book and this sharing also widens my thoughts.

As we are all seniors, respect for one another is amazingly the norm without the need for any ground rules.

Between courses, there's a half hour break and for those would like to stay behind and for those who are also attending both courses, we can have tea and a bit of a chat.

I must say the U3A pantry area is well kept. Coffee, milk and biscuits are always available for a small donation. The toilets are also hygienically clean and stocked with toilet paper. The cleanliness of the facility is important so that we can feel comfortable attending the courses and chatting over a cup of tea. Being seniors, the tendency to go to the toilet is also much more regular.

U3A is doing a good job to keep the seniors occupied with these courses. It also links people of the same era together so that we have almost similar wavelength and thinking curve. This helps us to build friendship easily.

I look forward to attending Noel's courses every Wednesday. No homework to bother!

Class Feedback ...

"I would never do any of the reading if it was not for these classes. The discussions of the texts are illuminating. A very stimulating 1.5 hours."

"I enjoy the beauty of the poetry and verse. A thought provoking class."

"I enjoy the discussions and relevance to Greece society, culture and history."

"This is the 'not to be missed' time of the week. Reading the plays together we discover their beauty and their timelessness. I'm constantly amazed by the relevance that these plays, written in the 450's BC, have for us today."

"I really love Carole's sessions. I have a greater understanding of the texts I studied as a 17 year old."

"I loved listening to the Argonauts Club when I was young, and now, really enjoy reading and discussing Agamemnon with Carole and our group."

"Two years reading Homer's Iliad and Odyssey with our wonderful Lyn Hatherly got the class well and truly hooked. Now Carole has generously given her time to leading us in the reading of Aeschylus' The Oresteia. grasp the true meaning of the text."

Regine Chua

Please note ...

Our Contacts ...

During Term:

- **Office**Old Eltham Courthouse
.....Cnr Main Rd & Brougham St
- **Hours:** Monday & Thursday
..... 10am-12 noon (during terms)
- **Telephone:** 0468 300 764

Year round:

- **Email:** .u3a.nillumbik@gmail.com
- **Internet:**
www.nillumbiku3a.org.au
- **Mail:**PO Box 852 Eltham 3095

Office Hours during the Holidays ...

The Office will be closed for the first two weeks of the holidays.

Closed:

- Mon & Thurs 27/30 June 2016
- Mon & Thurs 4/7 July 2016

Open:

- Mon & Thurs 11/14 July 2016
- During the holiday Post Office Box mail, e-mails and phone messages will be attended to.

News Team ...

Len Vardy Editor
Judy Vizzari Layout
Chris Livingston)
Kevin Turley)
Len Vardy) Photographers
Guy Palmer)
Rob Rankin) Distribution
Stuart Winstanley Course Info
Rob Rankin Website Info

News Deadline Term 3 ...

- 26 August 2016

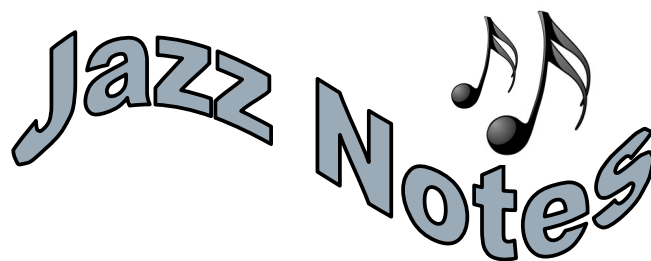
Contact Len Vardy, News Editor, via the U3A Office:

- **Telephone:** 0468 300 764
- **Email:**
u3a.nillumbik@gmail.com
- **Or visit** the Old Eltham Courthouse Monday or Thursday mornings (see hours below)

Disclaimer ...

Our news and timetable were accurate when this newsletter was distributed. Please refer to our website for regular updates:

www.nillumbiku3a.org.au/class-timetable



The Jazz Appreciation Class enjoyed a busy Term 2, and Term 3 already promises several special events.

- Recent visitors have included:
Richard Miller of the *Syncopators* talking about the more than the 30 years which he has spent on the front line of one of Melbourne's great bands and **Marg Hendry**, the newly elected President of the Victorian Jazz Club.
- The **theme** for Term 2 was **leadership** and we viewed rare DVDs highlighting band leaders from the USA UK and Sweden.
- We will close the term with a visit to the Blackburn Hotel to hear **Ross Anderson's New Melbourne Jazz Band**, another surviving Melbourne institution.
- **Next term** the focus will be on **education**.
- We **start back** on July 18 with a visit from recorder virtuoso **Marion Lustig** who has just launched her first jazz CD 'SWEET ADE' a tribute to the late Ade Monsbrough who was largely responsible for the introduction of the recorder in Victorian schools.
- **Later in the year** we have a visit from the Manager of Collections for the **Australian Jazz Museum, Mel Blachford** which will be followed up by our third visit to the Museum at Wantirna.

Members who are interested in joining any of our jazz activities are welcome to ring Mal Harrop on 9439 1696. Subject only to space you will be made very welcome.

Mal Harrop

New Courses Term 3

Stuart Winstanley, Course Coordinator

"Maybe it's time to tackle something new?"

'The Night Stalker'

Jane Davies

Late in 1888, London was abuzz with the news of a serial killer stalking the streets and preying on unwary 'women of the night'. Dubbed 'Jack the Ripper', perhaps no other criminal has captured the imagination of people so intensely. Urban legends, conspiracy theories, outlandish accusations, Hollywood films and goodness knows what else have been spawned by the events of 127 years ago.

What did happen? Who were the victims? Why were they victims? Were there more than were originally thought? Who were the suspects? Who is on the short list as the likely culprit? How were the crimes investigated? What did the police think then? What do people think now?

Duration: 1½ hours

Commences: 21 July 2016

Day: Thursdays

Time: 11.30am–1.5 hours

Venue: Old Eltham Courthouse

Local Food Connect

*A vibrant food culture,
growing and eating local.*

Whether you just want to eat healthier, reduce your food mileage, grow veggies in your garden or are simply interested in enjoying your community life, Local Food Connect is for you!

See: <http://localfoodconnect.org.au/>
to learn about all matters food in Nillumbik, Banyule and the rest of North East Melbourne

Or visit Eltham Farmers' Market, a Local Food Connect initiative, which takes place every 2nd and 4th Sunday of the month.

"3 TALKS"

Three members will offer "3 Talks" next term. The dates and venues are to be advised on our U3A website—visit early next term to learn more about these fascinating topics ...

Downsizing IN Your Home

- **"Who I am and what I do?"**
The Difference between Hoarding, Chronic Disorganization and LOST people with lots of Stuff & Treasures
- **"Why Downsize IN Your Home?"**
Safety and Time to reflect and let go of items and discover lost treasures
- **Sorting Challenge**
Game to illustrate how we organise and what other strategies are available
- **Process for Sorting**
Love It! Like It! Let It Go!
- **Process for Saying Goodbye**
Options for Letting Go – Rubbish – Recycling – Donating to Others – Donating to Charities – Selling Items
- **Number 1 Tip for Decluttering**
Stop the Inflow!

Presenter: Sue Ryan

*Sue specialises in **Decluttering and Downsizing** for people who are in their Third Age. She focuses on assisting people to downsize IN their homes long before there becomes an immediate need for them to physically relocate in a short space of time—something which is often very overwhelming and distressing for them to cope with.*

Maybe it's time to tackle something new?

Myanmar in Transition to Democracy: *What are the potentials for significant change?*

Following 50 years of military dictatorship Burma, or Myanmar as it is now called, is in transition.

The elections of November last year heralded change with the NLD party of Aung San Suu Kyi achieving a resounding majority. However, there remain many legacies from the past and many issues remain, eg poverty, neglected health and education services, human rights abuses, continuing land confiscation, violence and the exclusion of some ethnic and religious minorities.

However, there has been a remarkable and mostly peaceful transition to democracy accompanied by a rapid growth in civil society organisation. Volunteers, including many young people, are tackling a wide range of issues and responding to people's social welfare needs. The youth movement holds out promise in this time of transition.

Presenter: Jill Jameson

Jill Jameson has worked with people from Myanmar since the early 1990s ranging from managing projects for the International Women's Development Agency on the Thai-Burma border to offering training in peace building and conflict transformation workshops in Burma/ Myanmar over the last 15 years. She has worked with local community organisations, inter-faith groups, recently released political prisoners and monks. She also works with refugees such as Karen communities from Burma in Melbourne at the Foundation for Survivors of Torture, facilitating peace building training and skills to strengthen communities.

Jill's involvement in refugee situations has included managing CAA/ Oxfam primary health care and community development programs in Sudan for Ethiopian and Eritrean refugees, and work with the Government-in-exile of Tibet on a Plan for the future of Tibet.

Jill is on the Advisory Committee of the International Network of Engaged Buddhists, and represented INEB through a small Buddhist delegation to Burma in November 2007, to 'Bear Witness to the Suffering in Burma' after the Saffron revolution.

Stuart says:

- **"Tuning into Opera"** will make a return in Term 3 after taking a break in Term 2.
- If venue and tutor availability line up (she is overseas at present) we will have a **Tai Chi** class up in Term 3 or Term 4.
- We also may have a **Latin for Beginners** start-up.
- In term 3 we will offer **3 Talks** to be run as one-off events. Dates and times yet to be decided.

Why not find out more about the world around us?

You too can Walk the Camino to Santiago De Compostela!

Walking long distance to Santiago de Compostela is becoming increasingly popular.

Most 'Wayfarers' follow the 'Camino Frances', many walking 800 kilometres from the Pyrenees. But for over a millennium countless thousands have arrived in Santiago via other Camino routes! Not everyone has the stamina to carry a heavy backpack, nor do they want to arrive in the historic city footsore. Their days of sleeping in noisy dormitories and cooking in group kitchens are over! The good news is – there ARE other ways to be part of the Camino experience.

This session provides historical and current day background information about the Camino; introduces participants to a number of the more tranquil and picturesque Pilgrim pathways that lead to Santiago de Compostela and includes useful insights to assist participants to prepare for a journey along The Way.

By the end of the workshop participants will:

- Appreciate the history and significance of the Camino.
- Have some idea of the various trails that lead to Santiago de Compostela.
- Be inspired to believe that they too can be part of the Camino experience.

Presenter: Diane McDonald

Diane McDonald has over 35 years experience in the fields of community and international development; cross-cultural adult education and program design and evaluation. She has travelled extensively in Europe, Latin America, the Pacific and Asia.

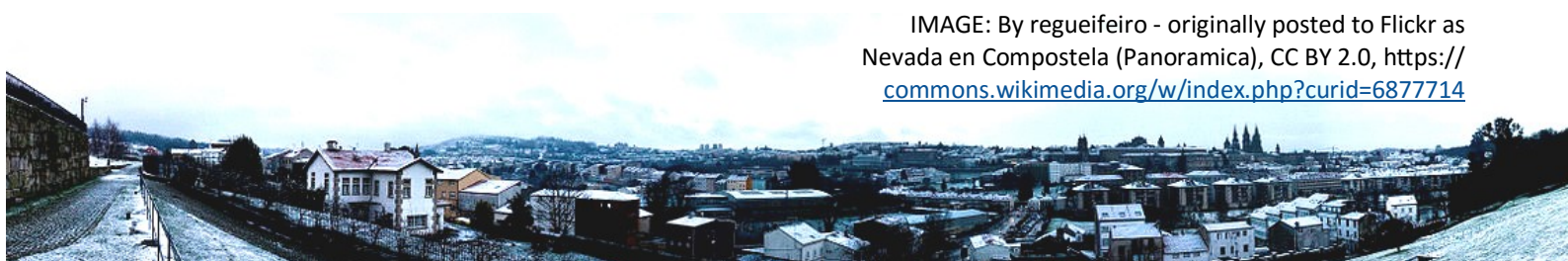
In 2009 Diane lived for three months in Spain and Portugal. During this time she discovered that there are many ancient and picturesque pilgrim trails that lead to Santiago de Compostela. She discovered that it is possible to make this journey without the need to carry a heavy backpack, sleep in crowded dormitories and arrive footsore. She became a passionate advocate of supported Camino walking, encouraging people in a similar and even more mature age group to believe that they are not 'too old' to join in this amazing experience.

During the last 5 years, Diane has walked over 2,000kms along several lesser-travelled Camino trails in Portugal and Spain.

For further information contact Diane:

- **Mobile: 0404 417 485**
- **Email: dianemcdonald@keypoint.com.au**

IMAGE: By regueifeiro - originally posted to Flickr as Nevada en Compostela (Panoramica), CC BY 2.0, <https://commons.wikimedia.org/w/index.php?curid=6877714>



Timetable, Term 3 2016

Term Dates: Monday 18 July—Friday, 16 September, 2016

Day	Starts	Classes sessions are weekly unless indicated otherwise	Duration, Venue, Start Date, Sessions Leader	Class Code
MON.	9:15 am	Technology User Group	DURATION 1.5 hrs VENUE: OEC START-DATE Mon. 1 Feb. On-going LEADER: Rob Rankin	CSC22a
	9:30 am	Walking Group, Local	DURATION 1.5 hrs VENUE: Var START-DATE Mon. 1 Feb. On-going LEADER: Robin Gardner, Karen Coulston, Graham Clark	AMR14a
	11:00 am	The Oresteia: Aeschylus	DURATION 1.5 hrs VENUE: OEC START-DATE Mon. 18 Apr. On-going LEADER: Carole Waldron	LIT19a
	12:45 pm	French (Beginners)	DURATION 1.5 hrs VENUE: OEC START-DATE Mon. 1 Feb. On-going LEADER: Roger Barnard	LAN02a
	1:00 pm	Recorder Group	DURATION 2 hrs VENUE: ALLWOOD START-DATE Mon. 1 Feb. On-going LEADER: Diane Turner	AMR08a
	2:30 pm	French Intermediate to advanced	DURATION 1.5 hrs VENUE: OEC START-DATE Mon. 1 Feb. On-going LEADER: Bill Naim	LAN03a
	4:00 pm	Cryptic Crosswords	DURATION 1.5 hrs VENUE: ELLC-PAVILION START-DATE Mon. 1 Feb. On-going LEADER: Louise Currie, Frank Camera	AMR30a
	4:15 pm	Jazz Appreciation	DURATION 2 hrs VENUE: OEC START-DATE Mon. 1 Feb. On-going LEADER: Mal Harrop, John Crichton	AMR31a
	7:00 pm	French Films	DURATION 2 hrs VENUE: OEC START-DATE Mon. 16 May Monthly 3rd Mon LEADER: Bill Naim	AMR27a
TUE.	9:30 am	Mind Games Brain Gym	DURATION 1.5 hrs VENUE: BRIDGES START-DATE Tue. 2 Feb. On-going LEADER: Maureen Meaney	AMR13a
	10:00 am	Spanish for Travellers	DURATION 1.5 hrs VENUE: HCHub START-DATE Tue. 2 Feb. On-going LEADER: Vincent Schultz	LAN12a
	10:30 am	Meditation	DURATION 1.5 hrs VENUE: NHS START-DATE Tue. 2 Feb. On-going LEADER: Beverley Milne	AMR12a
	10:30 am	Spanish Intermediate	DURATION 1.5 hrs VENUE: HCHub START-DATE Tue. 2 Feb. On-going LEADER: Renato Deschamps	LAN05a
	12:00 pm	Life-changing Events in History	DURATION 1.5 hrs VENUE: OEC START-DATE Tue. 2 Feb. On-going LEADER: Andrew Leopold	HGT25a
	1:00 pm	Japanese Language & Culture	DURATION 1.5 hrs VENUE: PRIVATE RES START-DATE Tue. 2 Feb. On-going LEADER: Rob Rankin	LAN07a
	2:00 pm	Last Tuesday Book Club	DURATION 1.5 hrs VENUE: ELTHAM LIBRARY START-DATE Tue. 23 Feb. Monthly Last Tue LEADER: April Edwards	LIT06a
	2:00 pm	Mahjong	DURATION 3 Hrs VENUE: OEC START-DATE Tue. 2 Feb. On-going LEADER: Giselle Buller	AMR11a
	7:00 pm	Third Tuesday Film Discussion Group	DURATION 2.25 hrs VENUE: HCHub START-DATE Tue. 16 Feb. Monthly 3rd Tue LEADER: Pam Griffith	AMR28a
WED.	10:00 am	Armchair Theatre	DURATION 1.5 hrs VENUE: OEC START-DATE Wed. 3 Feb. On-going LEADER: Noel Butterfield	AMR29a
	10:00 am	Contract Bridge	DURATION 1.5 hrs VENUE: HBC START-DATE Wed. 3 Feb. On-going LEADER: Howard Kinns	AMR15a
	12:00 pm	Ch'i-Kung Gentle Exercise	DURATION 1.25 hrs VENUE: METZNER HALL START-DATE Wed. 3 Feb. On-going LEADER: Beverley Milne	AMR10a
	12:00 pm	Shakespeare Rocks	DURATION 1.5 hrs VENUE: OEC START-DATE Wed. 3 Feb. On-going LEADER: Noel Butterfield	LIT16a
	1:30 pm	Art	DURATION 2 Hrs VENUE: ALLWOOD START-DATE Wed. 3 Feb. On-going LEADER: Valerie Osborne	AMR02a
	2:00 pm	Last Wednesday Book Club	DURATION 1.5 hrs VENUE: ELTHAM LIBRARY START-DATE Wed. 30 Mar. Monthly Last Wed. LEADER: Leon Hall	LIT18a
	7:00 pm	Dining Out	DURATION 1.5 hrs VENUE: Restaurants Var. START-DATE Wed. 24 Feb. Monthly last Wed LEADER: Lesley Wing Jan, Sheila Rogers	TAS07a

Timetable, Term 3 2016

This timetable was accurate as at 13 June 2016. Click [here](#) for further updates.

Day	Starts	Classes sessions are weekly unless indicated otherwise	Duration, Venue, Start Date, Sessions Leader	Class Code
THU.	9:00 am	French Intermediate (conversation)	DURATION 1.5 hrs VENUE: BRIDGES START-DATE Thu. 4 Feb. On-going LEADER: Eve Scopes	LAN01a
	9:00 am	Varietal Wines	DURATION Full Day VENUE: PRIVATE RES START-DATE Thu. 18 Feb. Monthly 3rd Thu LEADER: Karen Coulston	TAS06a
	10:00 am	Family History Workshop	DURATION 1.5 hrs VENUE: OEC START-DATE Thu. 4 Feb. On-going LEADER: Jane Davies	HGT22a
	10:00 am	Tai Chi	DURATION 1.5 hrs VENUE: ELLC-PAVILION START-DATE Thu. 21 Jul. On-going LEADER: Regine Chua	AMR40a NEW
	10:45 am	Music Tutti	DURATION 1.5 hrs VENUE: BRIDGES START-DATE Thu. 4 Feb. Double Term LEADER: Maree Krohn, Bob Stubbings	AMR06a
	11:30 am	The Night Stalker	DURATION 1.5 hrs VENUE: OEC START-DATE Thu. 21 Jul. Single Term LEADER: Jane Davies	HGT33a NEW
	1:00 pm	Latin	DURATION 1.5 hrs VENUE: OEC START-DATE Thu. 4 Feb. On-going LEADER: John Stuyfbergen	LAN09a
	1:30 pm	Discussion Group - Current Affairs	DURATION 1.5 hrs VENUE: BRIDGES START-DATE Thu. 4 Feb. On-going LEADER: Brian McLean	SOC01a
	2:30 pm	Bridge for beginners	DURATION 2 Hrs VENUE: OEC START-DATE Thu. 4 Feb. On-going LEADER: Lou Empson	AMR09a
	3:15 pm	First Thursday Book Club	DURATION 1.5 hrs VENUE: BRIDGES START-DATE Thu. 4 Feb. Monthly 1st Thur LEADER: Lynne Stevens-Chappel	LIT14a
	4:00 pm	Painting and Drawing.....acrylics, pastels	DURATION 1.5 hrs VENUE: Eltham H.S. START-DATE Thu. 4 Feb. On-going LEADER: Brenda Smith, Leanne Ipsen	AMR18a
FRI.	9:00 am	Creative Writing	DURATION 2 hrs VENUE: OEC START-DATE Fri. 5 Feb. On-going LEADER: Gillian Essex, Pauline Erickson, Leonard Vardy	LIT01a
	10:00 am	Creative Writing (Hurstbridge)	DURATION 1.5 hrs VENUE: HCHub START-DATE Fri. 5 Feb. Single Term LEADER: Rebecca Hayman	LIT17a
	10:30 am	Metaphysics	DURATION 1.5 hrs VENUE: ELLC START-DATE Fri. 5 Feb. On-going LEADER: Beverley Milne	SOC03a
	11:00 am	Lawn Bowling	DURATION 1.5 hrs VENUE: HBC START-DATE Fri. 22 Jul. On-going LEADER: Betty Clark, Ros Camera	AMR24a
	11:00 am	Tuning in to Opera	DURATION 1.5 hrs VENUE: OEC START-DATE Fri. 22 Jul. On-going LEADER: Lyn Richards, Tom Richards	AMR39a
	12:30 pm	French (Beginners)	DURATION 1.5 hrs VENUE: OEC START-DATE Fri. 5 Feb. On-going LEADER: Lucille Sadler	LAN02b
	1:30 pm	Craft	DURATION 1.5 hrs VENUE: HBC START-DATE Fri. 5 Feb. On-going LEADER: Cheryl Winstanley	AMR05a
	2:30 pm	Italian for Beginners	DURATION 1.5 hrs VENUE: OEC START-DATE Fri. 5 Feb. On-going LEADER: Michael Campobasso	LAN11a
	7:00 pm	Classic Movies	DURATION 2-3 hrs VENUE: OEC START-DATE Fri. 6 May Monthly 1st Friday LEADER: Bill Naim	AMR34a
VAR	Varies	Theatre Group Outings	DURATION 2 to 3 hrs VENUE: Var START-DATE Var 1 session per Term LEADER: Laraine Hussey	AMR26a

**We thank Danielle Green, MP,
for her generous assistance in the
printing of this newsletter.**