



NILLUMBIK
UNIVERSITY OF THE THIRD AGE

newsletter spring 2013

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for your diary

18 Sep	enrolment for term 4
30 Sep	picnic
06 Oct	senior's week at Fed Square
07 Oct	term 4 commences
15 Oct	nillumbik senior's summit
30 Nov	U3A theatre night

our office

The Old Eltham Courthouse

Cnr Main Rd & Brougham Street
10.00-Noon on Mondays & Thursdays

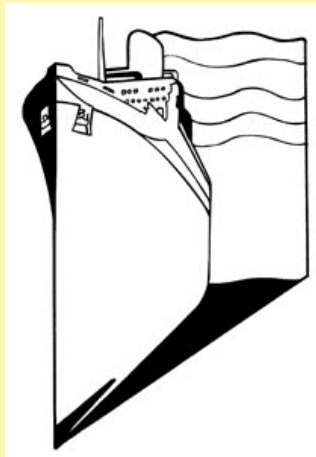
Telephone : 0468 300 764

enrolment for term four

On Wednesday 18th of September we will be taking enrolments in classes for term four.

You can enrol in the following ways:

1. Attend the office at **Eltham between 10am and 12 noon**
2. Attend the **Bridges Restaurant in Hurstbridge between 1.00pm and 3.00pm**
3. If you are already enrolled in a class that will continue into Term 4, please advise the class leader and indicate on the attendance sheet that you will be continuing in your class.



U3A Nillumbik social function

'Perils on the High Seas' is this year's Eltham Little Theatre music hall production and Bill Naim's Fund Raising Sub-Committee has booked the theatre exclusively for Nillumbik U3A on the night of Saturday November 30.

Tickets are \$22.50 Booking and Payment can be made at our office on Mondays & Thursdays during term from 10am to 12 Noon.

See Page 3 for more details.

Regular Office Hours during term times are:
Monday and Thursday 10.00am to 12noon .

The office is open to: - register new members, - enrol members in classes - make fee payments - help with general enquiries - provide course information, - collection of name tags and lanyards (replacement lanyards are available at a cost of \$3.00).

meet a tutor

Meet Rob Rankin, class leader in Japanese Language & Culture and 'one of the boys' leading the Computer Workshop.

Rob began his working life with the Commercial Bank of Australia but after many years in suburban and country branches decided to broaden his horizons and return to study. Entering State College of Victoria as a mature age student Rob found himself among peers who were highly motivated to learn the craft of teaching and begin new careers.

After a short term with Yarra Valley Grammar school Rob joined the Victorian Department of Education as a Grade 5 teacher. During the early '80s he was highly impressed by the arrival of personal computers and their potential to support learning and teaching. After buying his first Microbee computer he joined other teachers to support the development and integration of Australian made software in Victorian schools. Two years of family leave enabled him to launch a software sales business and begin development of a School Library System for Microbees. This time saw the introduction of IBM compatible PCs, redevelopment of the Library System and its adoption by 25 suburban primary schools - including Eltham Primary.

During all subsequent school placements Rob was tagged with the label of 'computer enthusiast' and classroom responsibilities carried the extra load of technology support for the whole school. Beyond the school day, he worked with professional support groups to promote use of computers across the curriculum.

Family circumstances gave Rob the opportunity to visit Japan during 1992 and his next career move followed retraining at Monash & Latrobe Universities to learn Japanese for the purpose of teaching language classes. He took up that role in 2001 and spent the next seven years teaching Japanese to all classes - Prep to 6 while spending two days each week managing the school network and supporting use of ICT.

Rob was inspired by Mal Harrop and the public support for a U3A group in Eltham. He joined the original steering committee to help establish the extension of U3A Nillumbik and continues his interest with current committee membership. Rob greatly enjoys participation in the Computer Workshop group - both as learner and teacher and appreciates new friendships which develop. Japanese Language & Culture classes have a small but dedicated group of devotees who share Rob's interest and enthusiasm for learning a second language.



from the president

I love the spring. Our gardens and bushland come into full bloom, the birds display their finery and sound magnificent and the weather becomes more pleasurable every day. We are fortunate to live in such a wonderful, untroubled part of the World. Fortunate too that any one of us can enjoy, participate in and volunteer our time and knowledge in making our community a better place.

I enjoy sharing my knowledge and learning from others as I am sure all of our U3A members do. In the past year I have learnt how to trace my family history by attending Jane Davies' marvellous U3A classes in Genealogy. I am gathering materials from research techniques and internet resources that may have taken me years to uncover without the help of an expert such as Jane. And I have picked up ideas from other class members on how to document and write a family story to pass on to children and grandchildren. As a long-time enthusiast and collector of Jazz music, I am enjoying participating in the "ABC of Jazz" led by two of Melbourne's experts in this music form; both class leaders with a life-long connection with the music and the musicians and a passion for sharing their experiences. I know that everyone in our U3A can speak of similar joys in sharing life experiences. Time spent amongst friends in pleasurable activities, participating in creative pursuits in the company of other like-minded people enriches our lives and transforms our neighbourhoods into a vibrant community.



Live, Learn, Enjoy

Stuart Winstanley, President, U3A Nillumbik

your diary

U3A Nillumbik
Social Function : Saturday 30 Nov



Eltham Performing Arts Centre
1603 Main Road Research
Melbany Ref: 22H1

PERIL ON THE HIGH SEAS

Aboard the H.M.S. Majestic a riotous adventure is unfolding in this full-length melodrama set in the Roaring Twenties! The lovely heiress Merry Ann Sweet, is the object of desire for the dastardly villainous Snively Swine who is scheming a kidnapping plot.

Disguised as British nobleman Sir Reginald Rottentot, will Swine lure Merry into his evil clutches? Can Cary, a lowly waiter save Merry? Not if Merry's flapper friends have anything to do with it. Fortunately an odd collection of colourful and eccentric passengers help Cary put the damper on Swine. A Hilarious rollicking production!

Tickets are selling fast. Price \$22.50
The event is table seating – Max 6 per table. BYO food, drink and a sense of humour!
Performance at 8PM Book at our Office
Office Hours during term times are:
Monday and Thursday 10.00am to 12noon

Tai Chi classes will not run during term four. Our class leader, April Edwards, is taking a break for family commitments. Thanks April for your leadership of a very popular activity.

Watch This Space

Your U3A is about to launch a monthly social event featuring a guest speaker. The addresses will cover a wide variety of topics and speakers will be drawn from our own talented members as well as speakers from a broad section of the community.
Dates and times to be advised.

PICNIC INVITATION

The Monday Walking Group will be having a picnic lunch after their walk on Monday 30th September. Anyone who would like to join us is very welcome. We will be walking along the trail from Edendale towards Diamond Creek. Join us for this walk and/or bring your picnic lunch. It would be great to see people who haven't walked for a while or anyone who feels like being out in the Spring weather with a very friendly group. Bring your lunch, a chair or rug and meet at the Caravan Cafe at Edendale Farm at 12.00pm.

Further info from Tony tonyecollins@gmail.com
or Anne 8407 2011.

Nillumbik Senior's Summit 15 October

What is the Senior's Summit?

It is an opportunity for individuals and organisations, which provide voluntary or commercial services to Senior residents of the Shire of Nillumbik to meet, briefly outline their interests and specialisations and flag inhibitors which pose problems to the future health and wellbeing of our older residents.

Who called the Summit?

The Summit is a community initiative suggested to Council's Positive Ageing Reference Group by Nillumbik U3A. in addition to providing a low cost program of learning, lifestyle and leisure activities for active retirees, a secondary feature of U3A by the nature of its membership is a capacity for research.

Who is invited?

A cross section of councillors, council staff, professional providers of services to Seniors, volunteers and community service organisations, seniors groups, churches and business leaders.

What does the Summit hope to achieve?

The aim is to identify short and long term activities which will improve lifestyle and wellbeing for senior citizens. Where practical a lead agency, club or group; prepared to progress each proposed activity to at least identify what resources are needed and what inhibitors may exist to bar delivering each program; will be identified.

What next?

Minutes will be taken and circulated to interested parties. Further Summits may be held to progress Seniors activities or working parties may be established to develop particular ideas into projects.

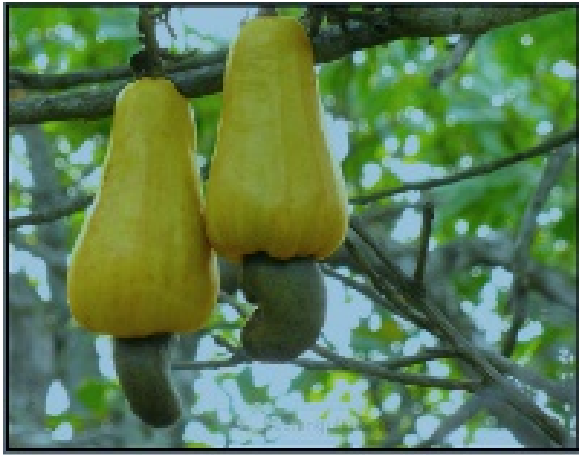
We need members prepared to help on the day with registrations and information. Please contact Bill Naim on 9438 2249 if you can help.

10 a.m.-12 on Tuesday October 15
Eltham Community and Reception Centre

mailbox - member's letters

We all know how much we benefit from the work our class leaders put into developing and presenting their material or passing on their considerable skills through activity based classes. In this issue we publish mail from members wishing to share their appreciation for classes they attend.

If you want to let us know of your experiences please drop us an email to u3a.nillumbik@gmail.com

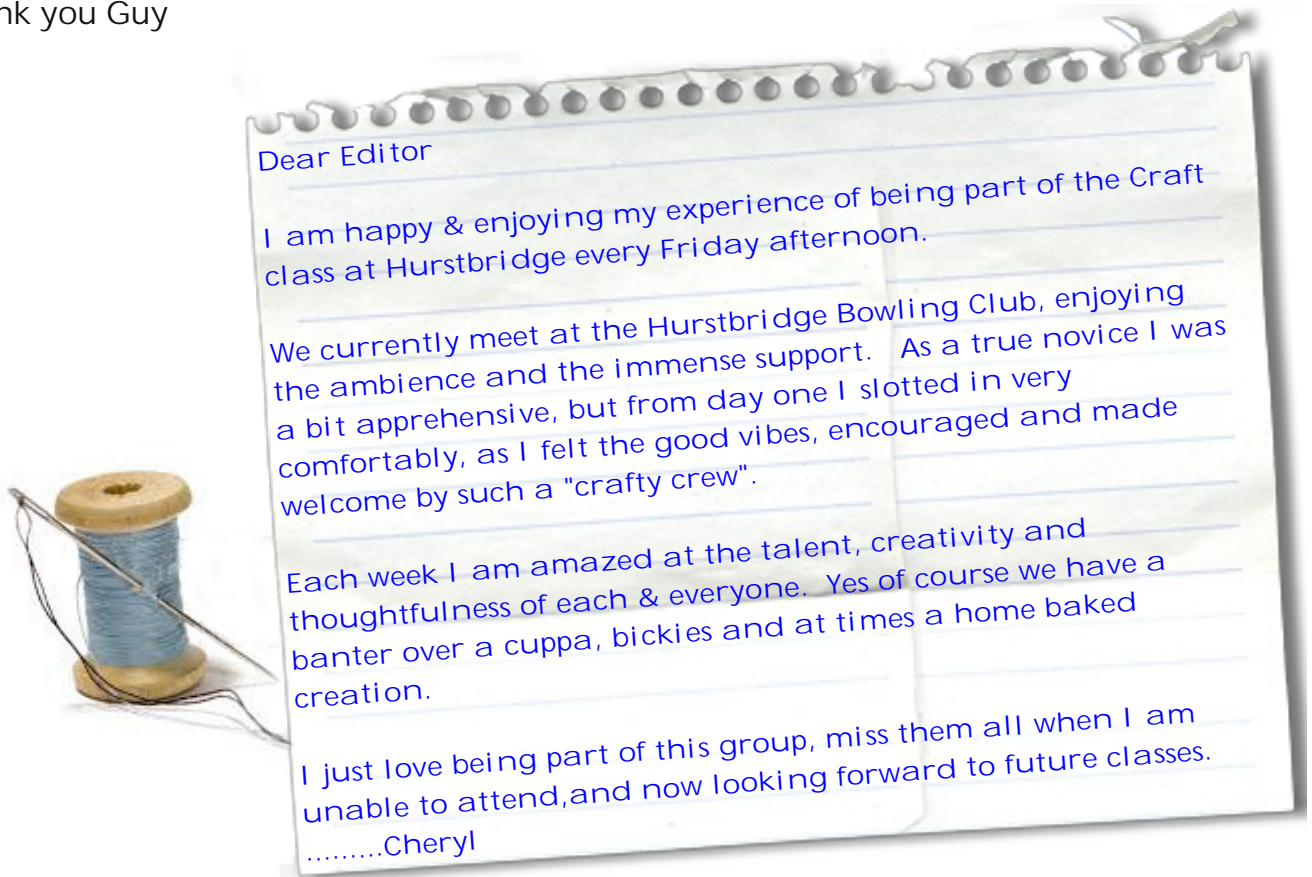


what food is this?

Some of the food kingdom's rarities have been revealed in a great course on fruit and vegetable growing run by Guy Palmer this term. With assistance from Robyn Currie, Guy has presented an amazing range and depth of information about growing food in our climate zone. His power point presentations have offered a body of knowledge and practices that were comprehensive and enjoyable. In sharing these presentations via email with the students Guy has provided a fantastic resource for ongoing reference. During the course students were also introduced to food sharing activities in our district and the amazing Guerrilla Gardening that is worth a Google. Robyn co-ordinates a newsletter for folk who are interested in all local

food events and activities. If you would like to receive it you can email Robyn at Robyn [info@localfoodconnect.org.au]

Thank you Guy



new classes for term four

Describing and Explaining Our World Unit B

Course Coordinator: Andrew Leopold
Course Duration: 8 x 1.5 hour lecture/discussions.

A blend of information and discussion about us and the things that have produced the world of today. No scientific knowledge by group members is required.

Innovations that have changed the world: e.g. Use of fire. Language. First tools etc. (2 sessions)

The Circulation (2 sessions)

The Brain and Nervous System. (2 sessions)

The Digestive System. (1 session)

Light: its behaviour, dual nature and importance for life. (1 session)

Climate Change. (2 sessions).

The Nitrogen Cycle. (1 session)

Very Basic Chemistry. (1 session)



POINTS TO PONDER. A selection of questions and topics that may or may not have answers. One two of these, at a time, can be presented at the end of any other topic e.g. placebo effect.

Rationalism

Course Coordinator: Brian Ellis
Course Duration: 8 x 1.5 hour lecture/discussions.

Many natural philosophers of the seventeenth and eighteenth centuries, and some in the first half of the nineteenth, spoke of 'the natural light of reason'. It was a term used by both René Descartes and Gottfried Leibniz, and it was used seriously in the belief that our minds were naturally framed to read the world by this light. It was, consequently believed to be a rich source of knowledge—and thought to be a power given to us by God in order that we should understand His creation. It was the supposed source of all of the mathematical knowledge of ancient Greece and Islam, viz. that of geometry, arithmetic and algebra. It was said to be the justification of many of the principles of reasoning that were used to derive the laws of conservation of force (classically *causa aequat effectum*) and of angular and linear momentum, of static equilibrium and the law of the lever, of action and reaction, and of the composition and resolution of forces.



The belief that we have such a source of knowledge is known as rationalism.

1. Is there such a power? My answer is "Yes. But ..."
2. What is it able to do?
3. What is its source?
4. What are its limitations?
5. What is rational mechanics?
6. What is economic rationalism?
7. What is moral rationalism?
8. Are any of these theories justified?

new classes for term four

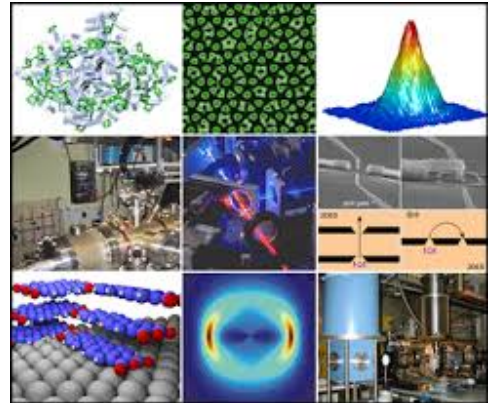
The Physics and Mathematics of Motion

Course Coordinator: Al Parkin

Course Duration: 8 x 1.5 hour lecture/discussions

This class will cover

- Statics
- Kinematics
- Dynamics



The Survival of a Small Nation

Course Coordinator: Alex Tyrrell

Course Duration: 3 week course 1.5 hr sessions.

How did Scotland survive in the era of large-scale nation states?



Alexander Tyrrell is a retired La Trobe historian, who is a seasoned U3A lecturer.



The Theban Plays by Sophocles

Course Leader: Dr. Lyn Hatherly

Course Duration: full term 1.5 hours

We'll read and consider three tragedies by the ancient Greek playwright Sophocles (around 440BC). In his Poetics Aristotle stated that Oedipus Rex was the greatest of all tragedies. The two other plays we'll look at: Oedipus at Colonus and Antigone, continue the tale of this powerful but unfortunate king. The story is fascinating. The text for the course is: Sophocles 1, edited by David Grene and Richmond Lattimore. It's not readily available so I'll provide some copies for the cost of the photocopying.



Entry criterion

An interest in drama and the ancient world

new classes for term four



Wine Appreciation

Course Leader: Karen Coulston

This course will be a happy / tasty / educational blend of art and science.

We will discuss different wine styles and how they are made. Back to basics, we'll look at what you taste and smell in wine and what "balance" means in quality wine. We will smell and taste basic wine components and educate our palates as we learn to appreciate the magic

of wine composition. The great thing is no-one is ever wrong in what you say about wine – we each appreciate different facets – but one session will be spent on wine faults.

We will taste about 4 wines each session, so there will be a cost, about \$5 / person / session, to cover wine purchase and we'll roster the leftovers.

Week 1. Introduction to wine styles, winemaking and tasting techniques

Week 2. Wine appearance and basic tastes

Week 3. Aromas

Week 4. White wines

Week 5. Sweet wines

Week 6. Red wines

Week 7. Wine faults

Week 8. Fortified wines

Week 9. Sparkling wines

Events that changed the World

Class Leader: Gerard Vander

Duration: 1.5hours full term

Come and join us in keeping our minds active, learning about things that mattered in the past, socialise with the locals and even have fun.

The purpose of our sessions is to investigate, learn and be amazed at World Events that had an impact on us.

Topics covered could be: the Evolution of Modern Humans, the Persian Empire, the Roman Empire, the Egyptians, the spread of Christianity and the Islamic Empire, just to name a few. Other topics are at the wishes of participants.

Participants are requested to investigate, discuss and give presentations on a subject of their choice. So there is some work involved.

The World Events' sessions will be held twice a month, the First and Third Tuesday of the Month

We want you to have fun, learn and meet other people.

Give it a try!!



The Sing-along is to be restarted during term 4 on Wednesdays at 2.30 to 4.00pm at the Old Eltham Courthouse. You don't need to be a choirist or professional singer, just have a willingness to join in and lend your voice. Our leader Bill Naim was last year's runner-up at 2012 Ballarat Senior Star Quest. We hear that once again this year on Thursday October 10th he will trying for top place. Good Luck Bill

timetable for term four

Day/Time	Class/Activity	Venue	Tutor
MONDAY			
9.45-11.15am	Computer workshop	Old Eltham Courthouse	Rob Rankin
9.30am	Walk	Various locn.	Rob Gardiner
11.30-1.00pm	The Theban plays – Oedipus Rex	Old Eltham Courthouse	Lyn Hatherly
1.00-2.30pm	Beginning French	Old Eltham Courthouse	Bill Naim
1.30-3pm	Recorder Group	Allwood House	Eve Scopes Diane Turner
2.30-4.00	French : advanced course	Old Eltham Courthouse	Bill Naim
4.00-5.30pm	ABC of Jazz	Old Eltham Courthouse	Mal Harrop and John Crichton
TUESDAY			
9.30am	Mind Games	Bridges	Pat Free
9.30am-11.00am	History of Civilisation	Bridges	Bob Stubbings
10.00-11.30am	Meditation	Nillumbik Community Health Services	Beverley Milne Starting week 2
10.00-11.30am	The physics and mathematics of motion	Old Eltham Courthouse	Al Parkin, for 3 weeks - 8/10 till 12/11, 2013
10.00-11.30am	The survival of a small nation	Old Eltham Courthouse	Alex Tyrrell, 19/11, 26/11 and 3/12
11.00-12.30pm	Wine appreciation	Bridges	Karen Coulston
11.00-12.30pm	Spanish for fun	Bridges	Vincent Schultz
11.00-12.30pm	Understanding the Earth	Bridges	Robert Scopes John O'Connor
11.30am-1pm	Events that changed the world	Old Eltham Courthouse	Gerard Vander Every second week beginning Oct 8
2.00-3.30pm	Japanese language and Culture	Private residence	Rob Rankin
2.00-3.30pm	Describing and explaining our world B	Nillumbik Community Health Services	Andrew Leopold
2.00 – 3,30 pm	Mahjong	Old Eltham Courthouse	Giselle Buller
2.30-4.00pm Last Tuesday in the month	Last Tuesday Book Club Class Full	Eltham Library	April Edwards

timetable for term four

WEDNESDAY			
10.00am	Contract Bridge	Hurst. Bowling Club	Howard Kinns
12.15-1.45pm	Ch'I Kung	Metzner Hall at Melbourne City Mission	Beverley Milne Starting week 2
1.00-2.30pm	Italian	Old Eltham Courthouse	Lou Empson for 9 weeks
1.30pm	Art	Allwood House	Val Osbourne
2.30-4.00	Singalong	Old Eltham Courthouse	Bill Naim
THURSDAY			
9.00- 11.30am	French Class Full	Bridges	Eve Scopes
10.00-11.30	Genealogy	Old Eltham Courthouse	Jane Davies
11.00-12.30am	Music Tutti Class Full	Bridges	Marie Krohn
11.30-1.00pm	Life Writing	Old Eltham Courthouse	John Stuyfbergen
1.00-2.30pm	Latin	Old Eltham Courthouse	John Stuyfbergen
2.30-4.00pm	Cambodia after Pol Pot Repeated course for first 5 weeks of term Art is Fun will recommence until the end of term	Old Eltham Courthouse	Barbara Jackson for 5 weeks Serena Sweeney Sue Beggs
1.15- 2.45 pm	Current Affairs Class Full	Bridges	Brian McLean
3.00-4.30pm	Bridge for	Private	Lou Empson
	Beginners	Residence	
3.00-4.30pm	Literature	Allwood House	Diane Turner
FRIDAY			
9.20pm	Creative Writing Class Full	Priv Residence	Gillian Essex
1.00pm	Craft	Hurst. Bowling Club	Helen Gilles Betty Clark
2.30-4pm	Rationalism	Old Eltham Courthouse	Brian Ellis

Members please note:

If you already attending a class that is continuing into term four please advise your class leader if you be continuing or not continuing so that your place may be filled by another member